

LEADING WORSHIP: Our Pastor, Gregg Gabor

HELPING IN WORSHIP

Acolyte	Xitlaly Bravo
Liturgist	Jenn Harmer
Head Usher	Will Cass
Ushers	Cheryl Cass, Daniel Ikpeme, Linda McCluskey

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am	2	Worship @ 10:00am	74
Sunday School – Adult	10	Children	8
		YouTube & Zoom	36

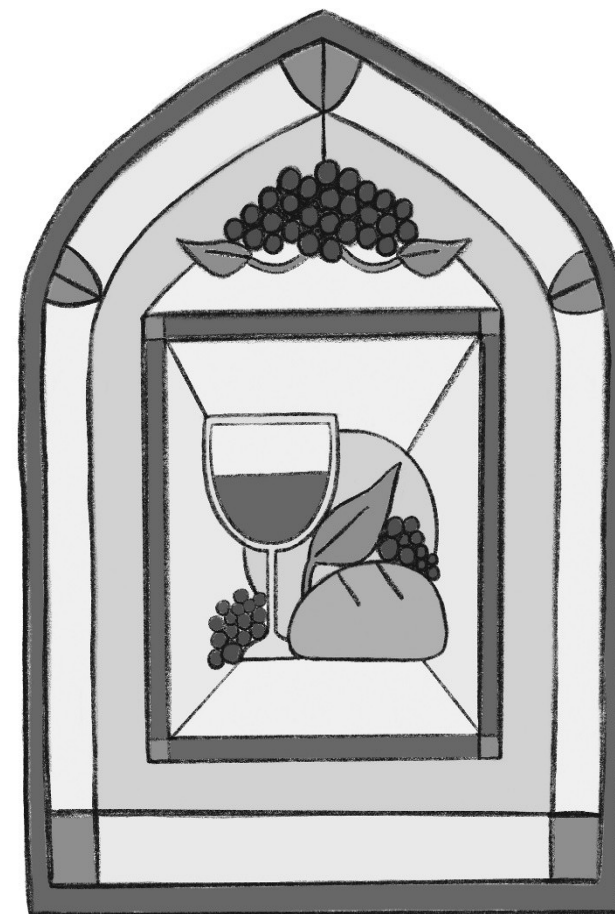
REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Emily Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Michelle Simonis, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Harold White, Clifford Zier. All of the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
2381 New Hackensack Road, Poughkeepsie, NY 12603
Phone: (845) 452-2933 Fax: (845) 452-3103
Internet Web Site: <http://www.pokumc.com>
e-mail: poughkeepsieumc@gmail.com



WORLD COMMUNION SUNDAY

Poughkeepsie United Methodist Church
October 4, 2026

Words of Welcome & Life of the Church

Prelude

Call to Worship

Leader: We come carrying stories of where we have been.
People: God meets us here and calls us forward.
Leader: We come with gratitude for gifts received and lessons learned.
People: God is still creating, still calling, still leading.
Leader: We come from many places, yet Christ gathers us as one people.
People: We belong to Christ and to one another.
Leader: Let us worship the God whose grace holds yesterday, today, and tomorrow.
People: Let us worship God with thankful hearts.

Opening Prayer

***Songs of Praise:** *“In Christ Alone”*
“Come to the Table”

Scripture Reading: Galatians 5:16–26

***Hymn of Preparation:** *“One Bread, One Body”* UMH 620

Sermon

Worship God with Tithes and Offerings

Offertory Anthem: *“Christ is Made the Sure Foundation”*
Latin Hymn cir. VII century

Doxology

Receiving Holy Communion

Call to Confession
Confession

Merciful God,
we confess that we have not loved you with our whole heart.
We have failed to be an obedient church.
We have trusted too much in what we have accomplished,
held too tightly to what is familiar,
and allowed the past to define what we believe is possible.
We have not always trusted your leading,
we have resisted your call into new life,
we have not loved our neighbors as ourselves,
and we have failed to recognize your grace already at work among us.
Forgive us, we pray.
Release us from what we cannot carry into the future,
and turn our confidence again toward Christ.
Free us for joyful obedience,
through Jesus Christ our Lord.
Amen.

Words of Assurance
The Great Thanksgiving

UMH 15

Silent Prayer & Pastoral Prayer

Passing the Peace of Christ

***Closing Hymn:** *“God Made From One Blood”* TFWS 2170

Benediction

Postlude

**Please stand if you are able*

Opportunities for You This Week

SUNDAY, October 4th, 2026

8:00 am	Contemplative Prayer
8:45	Coffee with Jesus
10:00	Worship Service
	Sunday School
11:30	Fellowship
	Prayers for the World
1:00 pm	Casa de Adoracion
2:00	Parkside AA

MONDAY, October 5th, 2026

4:00 pm	Social Justice
6:30	Gamblers Anonymous

TUESDAY, October 6th, 2026

9:00 am	Strength & Balance
1:00 pm	Arts & Crafts Group
5:30	Primary Purpose AA

WEDNESDAY, October 7th, 2026

7:30 am	Morning Prayers
1:00 pm	Nancy's Bible Study
7:00	Church Council
	New Hope AA

THURSDAY, October 8th, 2026

5:30 pm	Primary Purpose AA
7:00	Choir
	Gamblers Anonymous

FRIDAY, October 9th, 2026

9:00 am	Strength & Balance
6:30 pm	CdA Service

SATURDAY, October 10th, 2026

SUNDAY, October 11th, 2026

Laity Sunday

8:00 am	Contemplative Prayer
8:45	Coffee with Jesus
10:00	Worship Service
	Sunday School
11:30	Fellowship
	Prayers for the World
1:00 pm	Casa de Adoracion
2:00	Parkside AA

In Christ Alone CCLI Song # 841440
Don Koch | Shawn Craig
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Come to the Table CCLI song # 7036352
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One Read, One Body (UMH 620)
LYRICS: John B Foley
MUSIC: John B Foley

God Made From One Blood (TFWS 2170)
CCLI Song # 4486598
Shirley W. McRae | Thomas H. Troeger
© Words: 1994 Oxford University Press; Music: 1995 Abingdon
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CCLI License # 777703

* 1 Beu, B.J.; Scifres, Mary. **The Abingdon Worship
Annual 2026** Abingdon Press. Kindle Edition.

Welcome to Poughkeepsie United Methodist Church. We are delighted to have you worship with us today!

We want to be your family of faith. We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at poughkeepsieumc@gmail.com.

To Those with Little Ones: Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

If you would like to be on the PUMC email distribution, please go to the church website at www.pokumc.com and scroll down to **Join Our Mailing List** button.

Announcements

The October Journey is available in the Narthex

Sunday School: Everyone knows that kids love snacks! Angela is asking for donations of various snack foods for the Sunday school. Please no nuts of any kind, coconut, and blue icing. There will be a bin in the Sunday school office for donations.

Coffee Hour is back! Be sure to join us fellowship hall for coffee and fellowship.

HOAM Ministry: On the third Saturday of every month we provide a meal for the HOAM ministry in the city of Poughkeepsie. We are seeking additional volunteers to help prepare the meal and deliver it to Cannon St around 5:30 pm. Volunteers are also needed to serve the food three nights a week. Preparation is usually Saturday mornings at our church. Please contact Pam (845-240-4564) or Nancy (845-380-4887) if you are willing to help any time.

Looking Into the Future:

Saturday, October 17 – Harvest Fest @ 9-3

Sunday, October 18 – Pastor Appreciation Sunday

Saturday, October 24 – Trunk or Treat

Thursday, October 28 – Friday, October 29 – Trip to see Joshua

Tuesday, November 3 – Election Day

Sunday, November 22 – Church Conference

What if the Prodigal Son isn't really about the prodigal son? EVENINGS!

You probably know the story. A younger son leaves home, squanders everything, and eventually returns. His father runs out to welcome him home.

But that's only half the story.

This fall, you're invited to **The Prodigal God**, a six-week conversation built around Jesus' story in Luke 15 and Timothy Keller's book *The Prodigal God*.

While the book is not required for study, it does provide more detail and can be ordered on Amazon

Keller takes a familiar parable and asks us to look again. What if **both** brothers are lost? What if it's possible to run away from God by breaking all the rules—and also by keeping all the rules? And what if the real center of the story isn't either brother, but the astonishing grace of the Father?

This isn't a study just for people who have everything figured out. It's a place for questions, conversation, doubt, faith, and discovering that Jesus may be far more challenging—and far more gracious—than we imagined.

We'll meet Tuesday evenings from 6:30–7:30 PM in the Pastor's Office beginning on October 13th. We will then determine if we need a larger space.



Sermon Summary

***What Kind of Person?* Galatians 5:16–26**

October 4, 2026

We usually know the kind of people we want to be. We want to be patient, generous, peaceful, and kind. Yet pressure often reveals something else. A difficult conversation, an unexpected email, a challenge to our plans, or an old wound can bring out defensiveness, anger, resentment, or the desire to control.

Paul writes to Christians in Galatia whose life together is under strain. They are arguing, competing, provoking one another, and forming rival groups. In response, Paul contrasts the “works of the flesh” with the “fruit of the Spirit.”

By “flesh,” Paul does not mean that the human body is evil. He means the self trying to live apart from the direction of God’s Spirit. That is why so many of the works of the flesh are relational: hostility, jealousy, anger, quarrels, dissensions, factions, and envy. These are the impulses that deform us and damage our life together.

The fruit of the Spirit is different. Love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control are *not* religious decorations added to an unchanged life. They are the visible evidence that Christ is forming us from within.

We cannot manufacture this fruit by willpower alone. Behavior can be managed for a time, but fruit must grow. The good news is that those who belong to Christ are not trapped by the old self. God gives us the Spirit, and grace frees us to participate in what God is doing.

Paul tells us to “keep in step with the Spirit.” That means we yield, listen, repent, practice, and learn to recognize what leads toward life and what leads toward division.

This week, when pressure rises, pause and ask:

What kind of fruit will my response bear?

Will it deepen hostility or make room for peace? Will it use truth as a weapon or express kindness? Will it be ruled by impulse, or will it show self-control?

God is not asking us to place a Christian label on an unchanged life. God gives us the Spirit so that the life of Christ may grow within us and become visible through us.



PUMC "Autumn Fest"

Saturday, October 17 & Sunday, October 18

We are getting down to the wire!

Please contact the office if you have any questions and Karyn will direct you to the right person

NEW THIS YEAR;

CAFE - in the Fellowship Hall. Sit and enjoy a beverage, treat from the bake/dessert tables, and/or from the Food Truck.

FOOD TRUCK - (formerly known as the kitchen - inspired by Margaret and transformed by Carla) Discover the **HOMEMADE choices** that await you when you visit, to either **Take out and/or enjoy in the CAFE:**

FOOD TRUCK MENU

Betsey's chicken salad with choice of a roll or chips	\$5.00
Geri's applesauce	\$3.00
Margaret's quiche (gluten-free available)	\$4.00
Debi's coleslaw	\$3.00

Handmade with Love - Don't forget to tell Lynne what you are working on!

Hostess Gifts - We can't wait to see your creative ideas!

Jewelry Boutique: The jewelry box is in the office!

Bake Shoppe (think bake sale)

Delicious Dessert Takeout (homemade but "fancy")

Drop off: Friday, 10/16 (all day) - Saturday, 10/17 (by 9 am)



Poughkeepsie United Methodist Church
Join us for Fun, Games & Trick-or-Treating

Saturday, October 24 @ 1pm to 3pm

No Scary Costumes Please

Adults: We can't do this without you!
Please join us by decorating your trunk
and providing the treats.



THANKSGIVING BASKETS

Our Church will again be sponsoring the Adopt-a-Family for Thanksgiving Program. We hope to provide a nutritious, traditional meal. We are asking those who can to provide a family of 4 the following items:

Box of instant potatoes

Box of stuffing mix

4 cans of vegetables

1 can of yams

1 can of cranberry sauce

2 envelopes of gravy mix
and

a check for \$20.00 to cover the cost of the turkey, pie and rolls

OR

Donate funds so that the items can be purchased. You can make a check payable to the PUMC and note clearly on the check "Thanksgiving Baskets" or place cash in an envelope marked "Thanksgiving Baskets"; then place it in the offering, mail it to Church, or drop it into the mail slot outside the church office. Please do not leave money in the coat closet. We also would appreciate a donation of a turkey.

Sign-ups for donating a bag of food and money donations can be done in Fellowship Hall during the month of October or call Nancy Marrine on her home number (845-471-6492) or text/call her on her cell (845-380-4887) if you can provide a basket. You can also send an email (NMarrine@aol.com). If you are not shopping and want to contribute a basket please let us know and we can shop for you.

The groceries and checks and turkeys will be brought to Church by Sunday, November 8 and will be placed in the Narthex or the coat rack by Fellowship Hall. The Thanksgiving baskets will be distributed on Friday, November 20 at the Family Partnership Center on North Hamilton St.

We also need helpers in the Church office on October 26, 27, 28, 29, & 30 to take telephone calls for baskets. Additional assistance will be needed to bring the bags of food to the Family Partnership Center and assist in the distribution. For information or to volunteer, call the Church office (452-2933) or Nancy Marrine.



FRIENDSHIP CIRCLE'S 2026
ELECTION DAY APPLE PIE BAKE



WE NEED YOUR
HELP!!!!

APPLE PEELERS, BAKERS,
BOX FOLDERS, CLEAN UP CREW.

NOVEMBER 2ND 8:00AM-4:00PM
TUESDAY, NOVEMBER 3RD 8:00AM-???

PLEASE SIGN UP ON OUR CHART IN THE
HALLWAY. YOU ARE WELCOME TO HELP FOR
A COUPLE OF HOURS OR ALL DAY. COME
FELLOWSHIP WITH US AND LEARN HOW TO
MAKE AN APPLE PIE START TO FINISH!

A FEZZIWIG CHRISTMAS

THE GHOST OF CHRISTMAS
PRESENT WONDERS:
WOULD YOU JOIN HIM AT FEZZIWIG'S?

We are exploring plans for A Fezziwig Christmas Dinner & Dance on Saturday, December 12, 2026.

Inspired by Charles Dickens's *A Christmas Carol*, the evening would include a formal sit-down Christmas dinner, Victorian decorations, seasonal entertainment, and an opportunity to learn *Roger de Coverley*—the English country dance enjoyed at Fezziwig's Christmas celebration.

Victorian or festive attire would be welcome but entirely optional. No dancing experience or partner would be necessary—and watching the dancing would be perfectly acceptable!

Before making our final plans, we would like to know:

- Would you be interested in attending?
- How many people might attend with you?
- Would you be willing to help?
- What kind of assistance could you offer?

Please complete our brief, nonbinding interest survey by **Sunday, October 18th**.

Scan the QR code to
take the survey
gaborhome.com/fezzsur

