

**LEADING WORSHIP: Our Pastor, Gregg Gabor**

**HELPING IN WORSHIP**

|            |                             |
|------------|-----------------------------|
| Acolyte    | Juno Moreno                 |
| Liturgist  | Gloria Soto                 |
| Head Usher | Will Cass                   |
| Ushers     | Cheryl Cass, Lynne Deverman |

**OUR FAITHFULNESS LAST SUNDAY**

|                                    |          |                   |    |
|------------------------------------|----------|-------------------|----|
| Contemplative Prayer Service @ 8am | 2        | Worship @ 10:00am | 89 |
| Sunday School – Adult 5            | Children | YouTube & Zoom    | 38 |

**REMEMBER IN OUR PRAYERS**

**Our members:** Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Emily Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Michelle Simonis, Sarah-Grace White, Marilyn Zier.

**Friends of our church in your prayers:** Georgia Kustas-Beurket, Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Harold White, Clifford Zier. All the innocents affected by wars and conflicts around the world.

**Members of the military, active and/or retired, in your prayers:** Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

**Poughkeepsie United Methodist Church**  
**2381 New Hackensack Road, Poughkeepsie, NY 12603**  
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**Internet Web Site: <http://www.pokumc.com>**  
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Jacob settled  
in the land  
where  
his father  
had lived  
as an alien,  
the land of  
**Canaan.**

Genesis 37:1, NRSV

**Poughkeepsie United Methodist Church**  
**August 9, 2026**

Words of Welcome & Life of the Church

Prelude

Call to Worship

*Leader: People of Faith, come and see what God has done!*  
**All: God has guided us and walked with us.**  
*Leader: See how God has protected us.*  
**All: God has brought us to this sacred space.**  
*Leader: Let us give glory to God!*  
**All: Let us sing praises to God!**

Opening Prayer

**\*Songs of Praise:** *“Cares Chorus”*  
*“Please Enter My Heart Hosanna”*

**Scripture Reading:** Genesis 37:1–4, 12–28

**Special Music:** *“I’ll Fly Away”* Duet by Dave Rawls & Steve Rock

Sermon

Worship God with Tithes and Offerings

**Offertory Anthem:** *“Music Alone Shall Live”* Traditional German Canon

**Doxology** UMH 94

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

**\*Closing Hymn:** *“Sing Praise to God Who Reigns Above”* UMH 126

Benediction

Postlude:

*\*Please stand if you are able*

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**Welcome to Poughkeepsie United Methodist Church.** We are delighted to have you worship with us today!

**We want to be your family of faith.** We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)

**To Those with Little Ones:** Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

**If you would like to be on the PUMC email distribution,** please go to the church website at [www.pokumc.com](http://www.pokumc.com) and scroll down to **Join Our Mailing List** button.

Announcements

Opportunities for You This Week

SUNDAY, August 9<sup>th</sup>, 2026

|         |                       |
|---------|-----------------------|
| 8:00 am | Contemplative Prayer  |
| 8:45    | Coffee with Jesus     |
| 10:00   | Worship Service       |
| 11:30   | Fellowship            |
|         | Prayers for the World |
| 1:00 pm | Casa de Adoracion     |
| 2:00    | Parkside AA           |

MONDAY, August 10<sup>th</sup>, 2026

|         |                    |
|---------|--------------------|
| 6:30 pm | Gamblers Anonymous |
|---------|--------------------|

TUESDAY, August 11<sup>th</sup>, 2026

|          |                      |
|----------|----------------------|
| 10:00 am | Pastor’s Bible Study |
| 1:00 pm  | Arts & Crafts Group  |
| 5:30     | Primary Purpose AA   |

WEDNESDAY, August 12<sup>th</sup>, 2026

|         |                 |
|---------|-----------------|
| 7:30 am | Morning Prayers |
| 7:00 pm | New Hope AA     |

THURSDAY, August 13<sup>th</sup>, 2026

|         |                    |
|---------|--------------------|
| 5:30 pm | Primary Purpose AA |
| 7:00    | Gamblers Anonymous |

FRIDAY, August 14<sup>th</sup>, 2026

|         |             |
|---------|-------------|
| 6:30 pm | CdA Service |
|---------|-------------|

SATURDAY, August 15<sup>th</sup>, 2026

|         |                    |
|---------|--------------------|
| 8:30 am | Gamblers Anonymous |
|---------|--------------------|

SUNDAY, August 16<sup>th</sup>, 2026

|         |                       |
|---------|-----------------------|
| 8:00 am | Contemplative Prayer  |
| 8:45    | Coffee with Jesus     |
| 10:00   | Worship Service       |
| 11:30   | Fellowship            |
|         | Prayers for the World |
| 1:00 pm | Casa de Adoracion     |
| 2:00    | Parkside AA           |

Cares Chorus (TFWS 2215)

LYRICS: Kelly Willard  
MUSIC: Kelly Willard

Please Enter My Heart, Hosanna (TFWS 2154)

LYRICS: Cathy Townley  
MUSIC: Cathy Townley

Sing Praise to God Who Reigns Above (UMH 126)

LYRICS: Johann J. Schutz  
MUSIC: Bohemian Brethren’s Kirchengesange

\* 1 Beu, B.J.; Scifres, Mary. The Abingdon Worship  
Annual 2026 Abingdon Press. Kindle Edition.

Keeping Up With the Calendar: September is just around the corner, which means many groups and activities will be starting up again. Please remember to send Karyn your meeting dates and times so the calendar can be kept up to date. Thank you for helping ensure everyone has the latest information!

There is no Children’s Sunday School in August. Classes will resume on September 13<sup>th</sup>. On that day we will be celebrating the beginning of the 2026-2027 Sunday School year with a brunch immediately after worship. Also, there will not be a Children’s Moment during the summer.

HOAM Ministry: On the third Saturday of every month we provide a meal for the HOAM ministry in the city of Poughkeepsie. We are seeking additional volunteers to help prepare the meal and deliver it to Cannon St around 5:30 pm. Volunteers are also needed to serve the food three nights a week. Preparation is usually Saturday mornings at our church. Please contact Pam (845-240-4564) or Nancy (845-380-4887) if you are willing to help any time.

There will be no Fellowship Discovery Luncheon in August. We will resume in September. If you have an idea for a speaker please contact Pastor Kregg.

Church Wide Yard Sale: Due to lack of interest this will not be happening.

Strength and Balance: We are hoping to restart our Strength and Balance class on Tuesdays and Fridays @ 9:00am. We decided to change to Tuesday mornings so that people who would like to can stay for Pastor’s Book Study @ 10am. Please speak to Kaye Schrock, Geri Hoernes, or the church office if you are interested.

There will be no coffee hour during the summer. It will resume on September 20<sup>th</sup>.



**Sermon Summary:**

***“The Past Cannot Be Rewritten—but It Can Be Redeemed”***

Genesis 37:1-4, 12-28

August 9, 2026

Most of us carry moments we wish we could revisit. We remember words we would take back, choices we would change, relationships we would repair, and wounds we wish had never been inflicted.

Regret convinces us that healing depends upon rewriting the past.

The story of Joseph and his brothers seems to invite that response. Jacob’s favoritism breeds resentment. Joseph’s behavior deepens the hostility. His brothers allow jealousy to harden into violence, throwing him into a pit and selling him into slavery. Nearly every character gives us a reason to shout, “Stop! Do something different!” The story names human sin honestly: families wound one another, envy distorts judgment, and people choose what cannot be undone.

Yet Genesis does not end at the pit. Joseph’s life moves through slavery, false accusation, imprisonment, and authority in Egypt. What looks like disaster becomes part of the means by which lives are preserved during famine. Years later, Joseph can say to his brothers, “You intended to do harm to me, but God intended it for good.” He does not pretend their evil was harmless, nor does he call it good. He names the wrong and bears witness to a greater truth: human sin does not have the final word.

That is the hope of the gospel. God is not the author of cruelty, betrayal, or suffering. But neither is God defeated by them. The cross reveals God’s power to bring life from death, mercy from violence, and resurrection from what appeared to be an ending.

We cannot change yesterday, but we can decide what we will do with it today. We can confess the harm we have caused, seek forgiveness, release resentment, and refuse to let regret define our future. We can trust that the parts of our story we would gladly erase are not beyond God’s redeeming work.

Nothing is wasted with God. The past cannot be rewritten, but it can be redeemed. Rather than living backward in regret, we are invited to move forward in faith, cooperating with the God who can transform what has been broken into an instrument of grace.



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