

LEADING WORSHIP: Our Pastor, Gregg Gabor

HELPING IN WORSHIP

Acolyte

Liturgist Jenn Harmer

Head Usher Will Cass

Ushers Cheryl Cass, Lynne Deverman

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am 2

Sunday School – Adult 8 Children

Worship @ 10:00am 69

YouTube & Zoom 26

REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Emily Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Michelle Simonis, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Harold White, Clifford Zier. All of the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
2381 New Hackensack Road, Poughkeepsie, NY 12603
Phone: (845) 452-2933 Fax: (845) 452-3103
Internet Web Site: <http://www.pokumc.com>
e-mail: poughkeepsieumc@gmail.com



*Be devoted to
one another in love.
Honor one another
above yourselves.*

Romans 12:10, NRSV

Poughkeepsie United Methodist Church
August 30, 2026

Words of Welcome & Life of the Church

Prelude

Call to Worship

Leader: Come, people of God, from places of strength and places of need.
All: We come to receive the grace that binds us together.
Leader: Come with your joys, your burdens, your questions, and your hopes.
All: We come trusting that no one stands alone in the body of Christ.
Leader: Come to the One who renews minds, enlarges hearts, and restores
divided lives.
All: We come to worship God and to be formed in the way of Jesus Christ.

Opening Prayer

***Songs of Praise:** *“Holy Ground”*
“They’ll Know We Are Christians by Our Love”

Scripture Reading: Romans 12:9-21

Hymn of Preparation: *“This is a Day of New Beginnings”* UMH 383

Sermon

Worship God with Tithes and Offerings

Offertory Anthem:

Doxology UMH 94

Silent Prayer & Pastoral Prayer

The Lord’s Prayer
Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** *“Come, Thou Almighty King”* UMH 61

Benediction

Postlude

**Please stand if you are able*
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**Welcome to Poughkeepsie United Methodist Church.** *We are delighted to have you worship with us today!*

**We want to be your family of faith.** *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)*

**To Those with Little Ones:** Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

**If you would like to be on the PUMC email distribution,** please go to the church website at [www.pokumc.com](http://www.pokumc.com) and scroll down to **Join Our Mailing List** button.

# Announcements

## Opportunities for You This Week

### SUNDAY, August 30<sup>th</sup>, 2026

8:00 am      Contemplative Prayer  
8:45         Coffee with Jesus  
10:00        Worship Service  
11:30        Fellowship  
               Prayers for the World  
1:00 pm     Casa de Adoracion  
2:00         Parkside AA

### MONDAY, August 31<sup>st</sup>, 2026

6:30 pm      Gamblers Anonymous

### TUESDAY, September 1<sup>st</sup>, 2026

10:00 am    Pastor’s Bible Study  
1:00 pm     Arts & Crafts Group  
5:30         Primary Purpose AA

### WEDNESDAY, September 2<sup>nd</sup>, 2026

7:30 am     Morning Prayers  
7:00 pm     Church Council  
               New Hope AA

### THURSDAY, September 3<sup>rd</sup>, 2026

5:30 pm     Primary Purpose AA  
7:00         Choir  
               Gamblers Anonymous

### FRIDAY, September 4<sup>th</sup>, 2026

6:30 pm     CdA Service

### SATURDAY, September 5<sup>th</sup>, 2026

8:30 am      Gamblers Anonymous

### SUNDAY, September 6<sup>th</sup>, 2026

#### Communion

8:00 am      Contemplative Prayer  
8:45         Coffee with Jesus  
10:00        Worship Service  
11:30        Fellowship  
               Prayers for the World  
1:00 pm     Casa de Adoracion  
2:00         Parkside AA

**Holy Ground**      CCLI Song # 21198  
Geron Davis  
© 1983 Meadowgreen Music Company;  
Songchannel Music Co  
For use solely with the SongSelect® [Terms of Use](#).  
All rights reserved. [www.ccli.com](http://www.ccli.com)  
CCLI License # 777703

**They’ll Know We Are Christians by Our Love**   CCLI Song # 26997  
Peter Scholtes  
© Words: 1966 F.E.L. Publications. Assigned 1991 The Lorenz  
Corporation; Music: 1966 F.E.L. Publications. Assigned 1991 The  
Lorenz Corporation  
For use solely with the SongSelect .Terms of Use. All rights  
reserved. [www.ccli.com](http://www.ccli.com)  
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**This is a Day of New Beginnings (UMH 383)**  
LYRICS: Brian Wren  
MUSIC: Carlton R. Young

**Come, Thou Almighty King (UMH 61)**  
LYRICS: Anonymous  
MUSIC: Felice de Giardini

\* 1 Beu, B.J.; Scifres, Mary. The Abingdon Worship  
Annual 2026   Abingdon Press. Kindle Edition.

Worship will return to the Sanctuary on September 13<sup>th</sup> (weather permitting).

Choir Rehearsal resumes on Thursday, September 3<sup>rd</sup> @ 7pm

The September Journey and the September/October Upper Rooms are available at the back of fellowship hall.

A Memorial Service for Allen Stacey, Father of Laura Gabor, Father in-law to Pastor Kregg, will be held at the United Methodist Church of Hyde Park on Saturday, September 5th at 1:00 PM located at 1 Church Street Hyde Park.

Sunday School Returns! Be sure to join us on September 13 as we begin the 2026-2027 school year. In celebration we will be holding a brunch right after worship.

A Note from Karyn: I will be taking a vacation from Monday, September 21 through Friday, September 25. I am looking for volunteers to cover the office on those days, especially in the morning. Please contact me through email ([poughkeepsieumc@gmail.com](mailto:poughkeepsieumc@gmail.com)) or call the office (845-452-2933) if you can help.

Strength and Balance will return on Tuesday, September 15: We decided to change to Tuesday mornings so that people who would like to can stay for Pastor’s Book Study @ 10am. Please speak to Kaye Schrock, Geri Hoernes, or the church office if you are interested.

Friendship Circle will meet Monday, September 14. Our guest speaker will be Muriel Horowitz, who will speak about a local organization Reunite Migrant Families. Refreshments will be served. All are welcome to join us.

Love INC's Fill the Truck event is Saturday, September 12 from 2-4 in the Love INC office parking lot at 748 Freedom Plains Rd. (near the Apple Valley shopping center). Items being requested are included in our church bulletin and on the Mission board. If you are unable to attend this event, please bring to our church and it will be delivered to Love INC.

**Social Justice Group:** We will meet in the lounge on Monday, September 7 @ 3:30pm. Also, our Ted Talk Watch Party will resume on Monday, September 14 @ 7:30. Please speak to Joseph Norman for more information.

**The Arlington Street Fair is Saturday, September 19 on Raymond Ave.** Our church will host a table to meet & greet with our neighbors to tell them about our great church and the love God has for everyone. Help is needed from 12-6pm visiting with the community. Please sign up on the Mission bulletin board.

**The Mission group is looking for help with our third Saturday meal which is also September 19.** We need help preparing the meal, cooking it in the oven and delivering it to Cannon Street around 5:30. Since this day is also the Arlington Street Fair, we really need assistance. Both events are important missions so please help so we are able to do both. Sign up on the Mission board outside of fellowship hall.

**Altar Flowers:** September, October, and November are almost fully available for altar flower donations. Please sign up in the narthex or contact the church office to reserve a date. The cost is \$50.

**HOAM Ministry:** On the third Saturday of every month we provide a meal for the HOAM ministry in the city of Poughkeepsie. We are seeking additional volunteers to help prepare the meal and deliver it to Cannon St around 5:30 pm. Volunteers are also needed to serve the food three nights a week. Preparation is usually Saturday mornings at our church. Please contact Pam (845-240-4564) or Nancy (845-380-4887) if you are willing to help any time.

**Looking Into the Future:**

- Monday, September 7 – Labor Day – Office Closed
- Tuesday, September 22 – Fellowship Discovery Luncheon @ 12pm
- Saturday, October 17 – Harvest Fest @ 9-3
- Saturday, October 24 – Trunk or Treat
- Thursday, October 28 – Friday, October 29 – Trip to see Joshua
- Tuesday, November 3 – Election Day

**Dear Pastor Gregg and United Methodist Church Family,**

Grace and peace to you in the name of our Lord Jesus Christ.

On behalf of **Casa de Adoración Church**, we warmly invite Pastor Gregg and the entire United Methodist Church congregation to join us for our **Poughkeepsie Festival of the Nations 2026**.

**Saturday, September 19, 2026 | 12:00 PM - 6:00 PM**

**2381 New Hackensack Rd., Poughkeepsie, NY**

The **Festival of the Nations** is a family and community event celebrating the wonderful diversity God has given us. Our desire is to bring together people from different nations, cultures, and backgrounds in an atmosphere of **faith, fellowship, unity, music, food, and cultural celebration**.

Throughout the day, we will have live worship music, folkloric dances, a parade of flags, traditional clothing, foods from different countries, children's activities, and cultural presentations.

We would be honored to have **Pastor Gregg and members of the United Methodist Church of Poughkeepsie attend and celebrate with us**. We also invite your congregation to **participate by representing a country or culture** through traditional clothing, flags, cultural food, music, or another appropriate expression of that nation's heritage.

The food representing each participating country will be **generously donated by the individuals or families representing that nation** and offered for sale at affordable prices. **All proceeds will support our ministry so that we may continue sharing the Good News of salvation and serving our community.** Members of your congregation are welcome to participate by donating a traditional dish representing a country.

Our hope is that this event will celebrate our different backgrounds while demonstrating that, although we come from many nations, **we can come together as one community in love, respect, fellowship, and faith in God**. Above all, we desire to share the love of Christ and the message of hope and salvation with our community.

Admission is **completely free**, and everyone is welcome. Food will be available for purchase as part of our ministry fundraising efforts.

If your church or members of your congregation would like to represent a country, donate traditional food, or contribute through a cultural presentation, we would be happy to coordinate the details with you. For information or participation, please contact us at **845-219-2560**.

Thank you for your friendship and for being part of the Poughkeepsie community. It would be a great joy and honor to have you with us. May God continue to bless Pastor Gregg, your congregation, and the ministry of the United Methodist Church of Poughkeepsie.

With appreciation and blessings,

**Pastors Marco & Susan Sánchez**

Casa de Adoración Church | Ministerio Casa de Adoración Inc.  
Poughkeepsie, New York | **845-219-2560**



**Sermon Summary**  
**“A Larger Stature of Love”**  
**Romans 12:9–21**  
August 30, 2026

Paul’s words in Romans 12:9 offer a demanding vision of Christian discipleship: “Let love be genuine; hate what is evil, hold fast to what is good.” These commands belong together. Christian love is not sentimental niceness, passive approval, or the avoidance of conflict. Genuine love is honest, courageous, and shaped by the character of Christ.

To love sincerely means to live without hypocrisy. It means refusing to speak about humanity in general while treating the person in front of us with contempt. It means allowing God to examine our motives, our resentments, and our desire to appear righteous. Sincere love asks not merely, “Am I correct?” but also, “Am I becoming more like Christ?”

Paul also tells us to hate what is evil. Yet he does not command us to hate people. Christians are called to oppose whatever destroys, degrades, deceives, exploits, or diminishes human life. We resist cruelty because we love those who are wounded by it. We resist injustice because we love those who suffer beneath it. We resist lies because truth matters to God and to our neighbors. But if our opposition to evil makes us cruel, dishonest, or contemptuous, then evil has begun to reproduce itself within us.

Finally, Paul tells us to cling to what is good. Goodness appears in quiet acts: patience, truthfulness, forgiveness, courage, generosity, and care for those whose burdens have become heavy. To cling to the good is not simply to admire it. It is to embody it.

The world defines strength as domination, retaliation, and winning. Jesus reveals another kind of strength: the strength that washes feet, welcomes the forgotten, confronts wrong without surrendering to hatred, carries a cross, and rises speaking peace.

This week, ask three questions: Is my love sincere? What evil must I refuse? What good will I cling to? God is not calling us to become taller than others, but to stand taller than fear, resentment, selfishness, and retaliation. When evil comes near, do not let it make you smaller. Stand in the strength of Christ, cling to what is good, and overcome evil with good.

# Fill The Truck!

## Love INC Donation Drive



New Location

Saturday, September 12, 2026  
2-4 pm Rain or Shine

**Love INC Connection Center Parking Lot**  
748 Freedom Plains Road, Poughkeepsie, NY

Help support our Love INC Ministry Classes by stopping by and donating these resource items that will be distributed to our class attendees!

|                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                         |                                                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Paper Goods</b> <ul style="list-style-type: none"><li>• Toilet Paper</li><li>• Cube Size Box of Tissues</li><li>• Paper Towels</li></ul>                                                                                                                                                                                                                   | <b>Laundry</b> <ul style="list-style-type: none"><li>• Liquid Laundry Detergent (32 oz - 64 oz)</li><li>• Dryer Sheets (80-100 count box)</li></ul>                                                     | <b>Shopping Cards</b> <ul style="list-style-type: none"><li>• \$15 and \$20 Grocery Store Cards with activation slips (Stop N Shop &amp; ShopRite)</li></ul>                           |
| <b>Household Items</b> <ul style="list-style-type: none"><li>• Liquid Dish Soap (14 oz or higher)</li><li>• Disinfectant Cleaner (32 oz)</li><li>• Disinfecting Wipes</li><li>• Liquid Hand Soap (pump bottle)</li><li>• White Tall Kitchen Garbage bags (13 gallon)</li><li>• Pair of Rubber Cleaning Gloves (REUSABLE only, size Medium or Large)</li></ul> | <b>Hygiene Items</b> <ul style="list-style-type: none"><li>• Body Lotion</li><li>• Body Wash</li><li>• Deodorant (men or women)</li><li>• Lip Balm</li><li>• Disposable Razors (men or women)</li></ul> | <b>Grocery Items</b> <ul style="list-style-type: none"><li>• Can (12 oz) Chicken Meat</li><li>• Low Sodium Chicken Broth (box)</li><li>• Can (10 oz) of Rotel Diced Tomatoes</li></ul> |
| <b>Misc</b> <ul style="list-style-type: none"><li>• Standard-sized Bed Pillows, only new in original packaging</li></ul>                                                                                                                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                                                                                        |



Contact Mid-Hudson Love INC at 845-471-0102 with questions