

LEADING WORSHIP: Our Pastor, Gregg Gabor

HELPING IN WORSHIP

Acolyte	Xitlaly Bravo
Liturgist	Kaye Schrock
Head Usher	Will Cass
Ushers	Cheryl Cass, Debi McGarvey, Ellis Ticknor

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am	2	Worship @ 10:00am	95
Sunday School – Adult 8	Children 8	YouTube & Zoom	27

REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Michelle Simonis, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Harold White, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
2381 New Hackensack Road, Poughkeepsie, NY 12603
Phone: (845) 452-2933 Fax: (845) 452-3103
Internet Web Site: <http://www.pokumc.com>
e-mail: poughkeepsieumc@gmail.com



Poughkeepsie United Methodist Church
July 26, 2026

Words of Welcome & Life of the Church

Prelude

Call to Worship

Leader: Come with joy, and come with questions.
People: We come to worship the God who receives us.
Leader: Come with faith, and come with weariness.
People: We come to worship the Christ who knows our weakness.
Leader: Come with words, and come with silence.
People: We come to worship in the Spirit who helps us pray.
Leader: In hardship, in hope, in sorrow, and in love,
People: nothing can separate us from the love of God in Christ Jesus our Lord.
Leader: Let us worship God.
People: Let us worship with honest hearts and renewed hope.

Opening Prayer

***Songs of Praise:** *“The Power of Your Love”*
“Praise the Lord with the Sound of Trumpets”

Scripture Reading: Romans 8:26–39

***Hymn of Preparation:** *“I am Thine, O Lord”* UMH 419

Sermon

Worship God with Tithes and Offerings

Offertory Anthem: *“Two Spirituals for Peace”* Gretchan Gould

Silent Prayer & Pastoral Prayer

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** *“Since Jesus Came Into My Heart”* TFWS 2140

Benediction

Postlude:

**Please stand if you are able*

~~~~~  
***The flowers on the altar are given by Lucretia Lisk to the Glory of God and in celebration of her 80<sup>th</sup> birthday.***

**Welcome to Poughkeepsie United Methodist Church.** *We are delighted to have you worship with us today!*

**We want to be your family of faith.** *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)*

**To Those with Little Ones:** Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

**If you would like to be on the PUMC email distribution,** please go to the church website at [www.pokumc.com](http://www.pokumc.com) and scroll down to **Join Our Mailing List** button.

Opportunities for You This Week

| <u>SUNDAY, July 26<sup>th</sup>, 2026</u> |                       |
|-------------------------------------------|-----------------------|
| 8:00 am                                   | Contemplative Prayer  |
| 8:45                                      | Coffee with Jesus     |
| 10:00                                     | Worship Service       |
| 11:30                                     | Fellowship            |
|                                           | Prayers for the World |
| 1:00 pm                                   | Casa de Adoracion     |
| 2:00                                      | Parkside AA           |

| <u>MONDAY, July 27<sup>th</sup>, 2026</u> |                    |
|-------------------------------------------|--------------------|
| 6:30 pm                                   | Gamblers Anonymous |

| <u>TUESDAY, July 28<sup>th</sup>, 2026</u> |                      |
|--------------------------------------------|----------------------|
| 10:00 am                                   | Pastor’s Bible Study |
| 1:00 pm                                    | Arts & Crafts Group  |
| 5:30                                       | Primary Purpose AA   |

| <u>WEDNESDAY, July 29<sup>th</sup>, 2026</u> |                 |
|----------------------------------------------|-----------------|
| 7:30 am                                      | Morning Prayers |
| 7:00 pm                                      | New Hope AA     |

| <u>THURSDAY, July 30<sup>th</sup>, 2026</u> |                    |
|---------------------------------------------|--------------------|
| 5:30 pm                                     | Primary Purpose AA |
| 7:00                                        | Gamblers Anonymous |

| <u>FRIDAY, July 31<sup>st</sup>, 2026</u> |                 |
|-------------------------------------------|-----------------|
| 8:30 am                                   | Collate Journey |
| 6:30 pm                                   | CdA Service     |

| <u>SATURDAY, August 1<sup>st</sup>, 2026</u> |                    |
|----------------------------------------------|--------------------|
| 8:30 am                                      | Gamblers Anonymous |

| <u>SUNDAY, August 2<sup>nd</sup>, 2026</u> |                       |
|--------------------------------------------|-----------------------|
| <u>Communion</u>                           |                       |
| 8:00 am                                    | Contemplative Prayer  |
| 8:45                                       | Coffee with Jesus     |
| 10:00                                      | Worship Service       |
|                                            | Sunday School         |
| 11:30                                      | Fellowship            |
|                                            | Prayers for the World |
| 1:00 pm                                    | Casa de Adoracion     |
| 2:00                                       | Parkside AA           |

**The Power of Your Love** CCLI Song # 917491  
Geoff Bullock  
© 1992 Geoff Bullock Music

**Praise the Lord with the Sound of Trumpets (TFWS 2020)**  
LYRICS Natalie Sleeth  
MUSIC:Natalie Sleeth

**I am Thine, O Lord (UMH 419)**  
LYRICS: Fanny J. Crosby  
MUSIC: Wilkiam H. Doane

**Since Jesus Came Into My Heart (TFWS 2140)**  
LYRICS R. H. McDaniel  
MUSIC: Charles Gabriel

**\* 1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual 2026 Abingdon Press. Kindle Edition.**

Announcements

There will be no coffee hour during the summer. It will resume on September 20<sup>th</sup>.

Deposit for the bus trip to Sight & Sound are due by Saturday, August 1.

6 Month Giving Statements & the August Journey are available at the back of fellowship hall.

Children’s Sunday School will take place as normal in July but will pause for the month of August. Classes will resume on September 13<sup>th</sup>. Also, there will not be a Children’s Moment during the summer.

HOAM Ministry: On the third Saturday of every month we provide a meal for the HOAM ministry in the city of Poughkeepsie. We are seeking additional volunteers to help prepare the meal and deliver it to Cannon St around 5:30 pm. Volunteers are also needed to serve the food three nights a week. Preparation is usually Saturday mornings at our church. Please contact Pam (845-240-4564) or Nancy (845-380-4887) if you are willing to help any time.

Love INC is requesting help in collecting personal hygiene items to be given to our neighbors. Please ask an usher for a flier or speak with Nancy Marrine for additional items.

There will be no Fellowship Discovery Luncheon in August. We will resume in September. If you have an idea for a speaker please contact Pastor Kregg.

Church Wide Yard Sale: Due to lack of interest this will not be happening.

Strength and Balance: We are hoping to restart our Strength and Balance class on Tuesdays and Fridays @ 9:00am. We decided to change to Tuesday mornings so that people who would like to can stay for Pastor’s Book Study @ 10am. Please speak to Kaye Schrock, Geri Hoernes, or the church office if you are interested.

Notes From Karyn:

I will not be in the office tomorrow (7/27) or Tuesday (7/28). The building will be open for scheduled events.

Please look over the prayer list on the back of the bulletin and contact me if there are any names that are outdated or missing. Thank you for your help.



**Sermon Summary**  
**“When God Has Not Lost the Thread”**  
Romans 8:26–39  
July 26, 2026

We are meaning-seeking creatures. We look for patterns, connections, and reasons because we want to believe that life is not random. Sometimes that instinct helps us endure difficulty. Pain is easier to bear when we can see a purpose behind it. But some suffering does not come with a clear explanation. A tragedy appears senseless. A loss feels unjust. A death comes too soon. In those moments, the questions rise quickly: Why this? Why now? Why did God not stop it?

Romans 8 speaks directly into that kind of groaning. Paul does not pretend that creation is painless or that believers are spared heartbreak. He writes to people who live between Christ’s resurrection and creation’s final healing. They have the Spirit, but they still suffer. They belong to Christ, but they still groan.

This is why Romans 8:28 must be handled carefully. Paul does not say, “We understand all things.” He says, “We know that God works in all things.” That distinction matters. The verse does not mean everything is good, or that every tragedy comes with an explanation we can see. It means that God is still at work, even when suffering remains painfully real.

Romans 8 does not ask us to pretend suffering makes sense. It does not ask us to rename evil as good or grief as blessing. But it also does not let our limited vision become the measure of God’s purpose. We are not God. We cannot see all ends. The absence of a visible explanation is not proof that God has lost the thread.

Instead, Paul gives us a deeper promise. When our words run out, the Spirit prays within us with sighs too deep for words. When we cannot hold ourselves together, Christ holds us. Christ has entered suffering, passed through death, been raised, and now intercedes for us.

So when life feels random and painful, faith begins with one honest prayer: “God, hold what I cannot hold.” The good news is not that we finally make sense of every sorrow. The good news is that nothing in all creation can separate us from the love of God in Christ Jesus our Lord.



**Bus Trip**  
**to Sight and Sound Theater**  
**in Lancaster, PA**  
**October 28<sup>th</sup> - 29<sup>th</sup>**

Sponsored by Poughkeepsie United Methodist Church

**Trip Itinerary**

- Leave PUMC parking lot at 8 am Wednesday morning
- Brief Rest Stop along the way
- Gourmet Box Lunch (cost included) at Kitchen Kettle Village - 2 hours for lunch and shopping
- Check in at Bird-in-Hand Inn
- Wednesday Night Dinner at Bird-in-Hand Inn (cost included)
- Wednesday Night - Optional Games and Fellowship in Conference Room
- Breakfast at Bird-in-Hand Inn (cost included)
- Thursday Matinee Performance of Joshua (cost included)
- Lunch at Rick’s Amish Farm (cost included) then head back home
- Arrive back to PUMC at 8 pm

**Cost**

Single Room \$467.00 per person  
Double Room \$386.00 per person  
Triple Room \$362.00 per person  
Quad Room \$351.00 per person

**For more information...**

**Contact**

Dale Borchert at [Daleborchert@gmail.com](mailto:Daleborchert@gmail.com)  
cell # 845-337-1281

**or**

Heidi Mills at [espinozah22@yahoo.com](mailto:espinozah22@yahoo.com)  
cell # 845-416-8543

Non-refundable \$50 Deposit to hold your spot due by August 1<sup>st</sup>  
Full Payment (remainder of cost) due by September 1<sup>st</sup>