

LEADING WORSHIP: Our Pastor, Kregg Gabor

HELPING IN WORSHIP

Acolyte Dexter Moreno
Liturgist Lloyd Wright
Head Usher Will Cass
Ushers Cheryl Cass, Ellis Ticknor

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am 2 Worship @ 10:00am 108
Sunday School – Adult 10 Children YouTube & Zoom 44

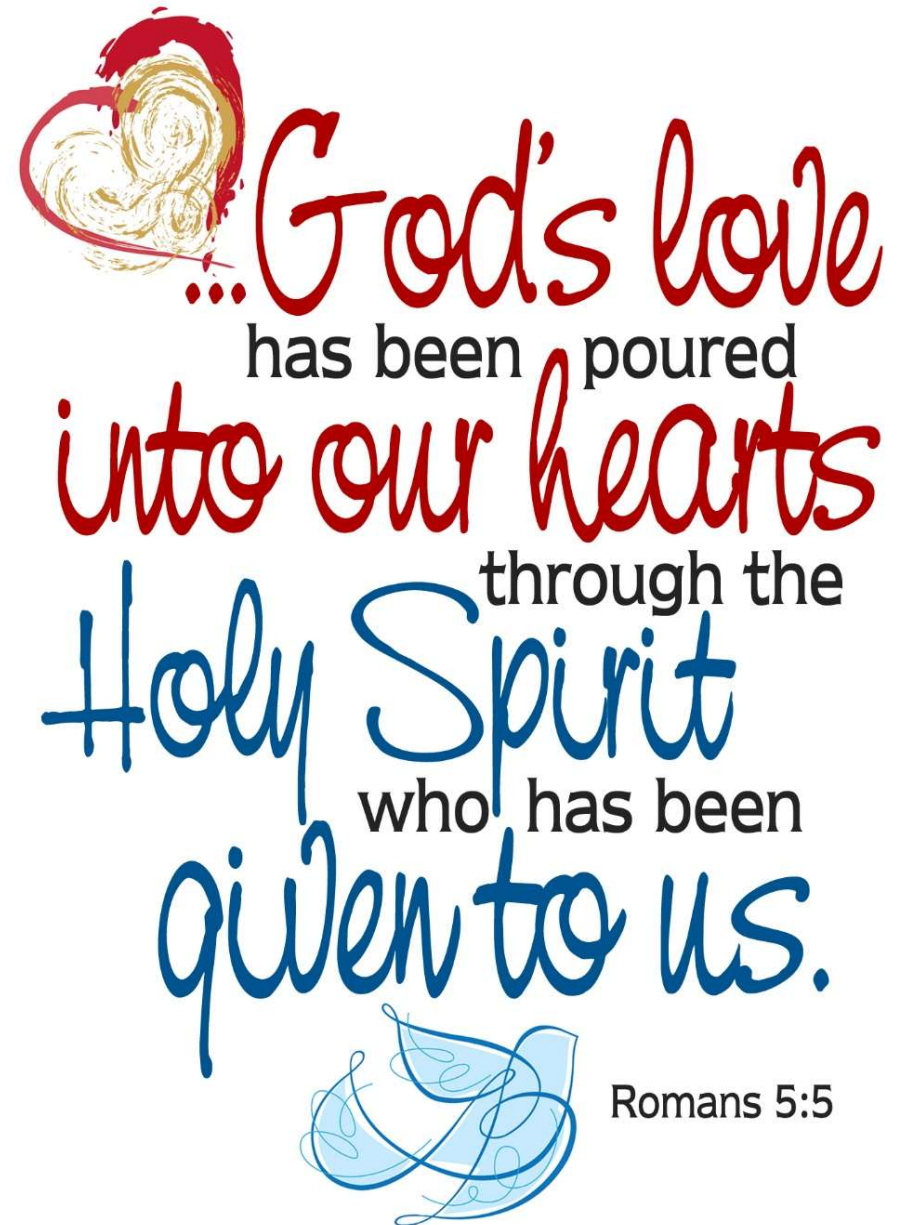
REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Diana Silverman, Michelle Simonis, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

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Romans 5:5

Poughkeepsie United Methodist Church
June 14, 2026

Words of Welcome

Doxology

UMH 94

Life of the Church

Silent Prayer & Pastoral Prayer

Prelude

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Call to Worship

Passing the Peace of Christ

Leader: We come with plans that did not unfold as we expected.

People: We come with questions we cannot yet answer.

Leader: We come carrying both hope and disappointment.

People: We come seeking God's presence.

Leader: God meets us not only in what is clear,

People: But also, in what is uncertain.

Leader: Come, let us worship the One who walks with us.

People: Let us worship God.

***Closing Hymn: "Standing on the Promises"**

UMH 374

Benediction

Opening Prayer

Postlude:

***Songs of Praise: "Be the Centre"**

"Together We Serve"

TFWS 2175

**Please stand if you are able*

Scripture Reading: Romans 5:1-8

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**Sermon for the Young and Young at Heart**

*The flowers on the altar are given by Sandy Pullinger to the Glory of God  
and in memory of my beloved husband, Richard*

**\*Hymn of Preparation: "Blessed Assurance"**

UMH 369

**Sermon**

**Worship God with Tithes and Offerings**

## Opportunities for You This Week

### SUNDAY, June 14<sup>th</sup>, 2026

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:30 Fellowship  
Prayers for the World  
1:00 pm Casa de Adoracion  
2:00 Parkside AA

### MONDAY, June 15<sup>th</sup>, 2026

6:30 Gamblers Anonymous

### TUESDAY, June 16<sup>th</sup>, 2026

1:00 pm Arts & Crafts Group  
5:30 Primary Purpose AA

### WEDNESDAY, June 17<sup>th</sup>, 2026

#### Journey Deadline

7:30 am Morning Prayers  
1:00 pm Nancy's Bible Study  
2:30 Calligraphy Class  
7:00 New Hope AA

### THURSDAY, June 18<sup>th</sup>, 2026

5:30 pm Primary Purpose AA  
6:15 Praise Singers  
7:00 Choir  
Gamblers Anonymous

### FRIDAY, June 19<sup>th</sup>, 2026

6:30 pm CdA Service

### SATURDAY, June 20<sup>th</sup>, 2026

8:30 am Gamblers Anonymous  
5:00 Youth Group

### SUNDAY, June 21<sup>st</sup>, 2026

#### Father's Day

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:30 Fellowship  
Prayers for the World  
1:00 pm Casa de Adoracion  
2:00 Parkside AA

**Be the Centre** CCLI Song # 2650429  
Michael Frye  
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**Together We Serve** CCLI Song # 3379644  
Daniel Charles Damon  
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**Blessed Assurance (UMH 369)**  
Lyrics: Fany J Crosby  
Music: Phoebe P Knapp

**Standing on the Promises UMH 374)**  
Lyrics: R. Kelso Carter  
Music: R. Kelso Carter

\* 1 Beu, B.J.; Scifres, Mary. *The Abingdon Worship Annual 2026* Abingdon Press. Kindle Edition.

**Welcome to Poughkeepsie United Methodist Church.** We are delighted to have you worship with us today!

**We want to be your family of faith.** We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)

**To Those with Little Ones:** Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

**If you would like to be on the PUMC email distribution,** please go to the church website at [www.pokumc.com](http://www.pokumc.com) and scroll down to **Join Our Mailing List** button.

## Announcements

### The deadline for the Journey is Wednesday, June 17<sup>th</sup>

**Sunday School will meet as normal during June & July.** During July we will be taking an adventure through the desert for 3 weeks in July. Come join us on Sunday mornings for fun games, snacks, arts and crafts and other activities as we take a journey through the desert.

**Save the Date!** Come join us as we take a trip to Lancaster Pennsylvania to see the production of Joshua at the Sight and Sound Theatre October 28 and 29. A non-refundable \$50.00 deposit is due by August 1<sup>st</sup>. A poster with more detailed info is posted around the church.

**Movie With Meaning:** The June movie will be **Cabrini**, and is scheduled for June 27<sup>th</sup> at 4pm in Poughkeepsie United Methodist Church's Fellowship Hall. All in the community are invited. You are encouraged to stay after the showing for discussion of the film. As usual, refreshment will be available. *This American biographical drama film depicts the life of Catholic missionary Francesca Cabrini, as she encounters resistance to her charity and business efforts in New York City. Cabrini explores the sexism and anti-Italian bigotry faced by Cabrini and others in New York City in the late 19<sup>th</sup> century.*

**Graduate Recognition Sunday will be on June 28<sup>th</sup>.** Please fill out and return the form that is in the Narthex by June 15<sup>th</sup> if you would like to recognize a high school, college, or trade school graduate.

**There will be no Fellowship Discovery Luncheon in June, July, or August.** We will resume in September. If you have an idea for a speaker please contact Pastor Kregg.



## **Sermon Summary**

### ***“Hope That Holds”***

Romans 5:1-8

*June 14, 2026*

We often confuse hope with optimism. Optimism assumes that things will work out, that life will go according to plan, and that circumstances will improve. But when life doesn't unfold that way, when plans fall apart, struggles linger, or outcomes disappoint, that kind of hope quickly fades. Many of us have experienced this tension firsthand, discovering that what we thought was hope was really just confidence in favorable circumstances.

In Romans 5:1–8, Paul offers a different vision of hope, one that is not dependent on ideal conditions. He begins by grounding us in what God has already done: through Christ, we have peace with God and stand in grace. But then Paul makes a surprising claim, that we can even rejoice in suffering. Not because suffering is good in itself, but because God uses it to form something deeper within us. Suffering produces perseverance, perseverance produces character, and character produces hope.

This means that hope is not the starting point of faith but the result of it. It is formed over time as we experience God's presence and faithfulness in the midst of real life, not apart from it. Christian hope is not fragile optimism; it is resilient trust, shaped and strengthened through hardship.

The foundation of this hope is not our ability to endure, but God's demonstrated love. Paul reminds us that Christ died for us while we were still weak and broken. Our hope, then, is not based on the odds of things improving, but on the character of God revealed in Jesus Christ.

This kind of hope invites us to live differently. Rather than waiting for life to become ideal, we are called to trust that God is at work even now, forming us in the midst of our circumstances. We are not alone on the journey. Christ walks with us, holding our hand as the path unfolds before us.

Even when outcomes are uncertain, we remain a people of hope, not because everything will be okay, but because we are held by the One who walks beside us.