

LEADING WORSHIP: Our Pastor, Kregg Gabor

HELPING IN WORSHIP

Acolyte
Liturgist John McGarvey
Head Usher Will Cass
Ushers Cheryl Cass, Debi McGarvey, Ellis Ticknor

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am 2 Worship @ 10:00am 114
Sunday School – Adult 10 Children 10 YouTube & Zoom 49

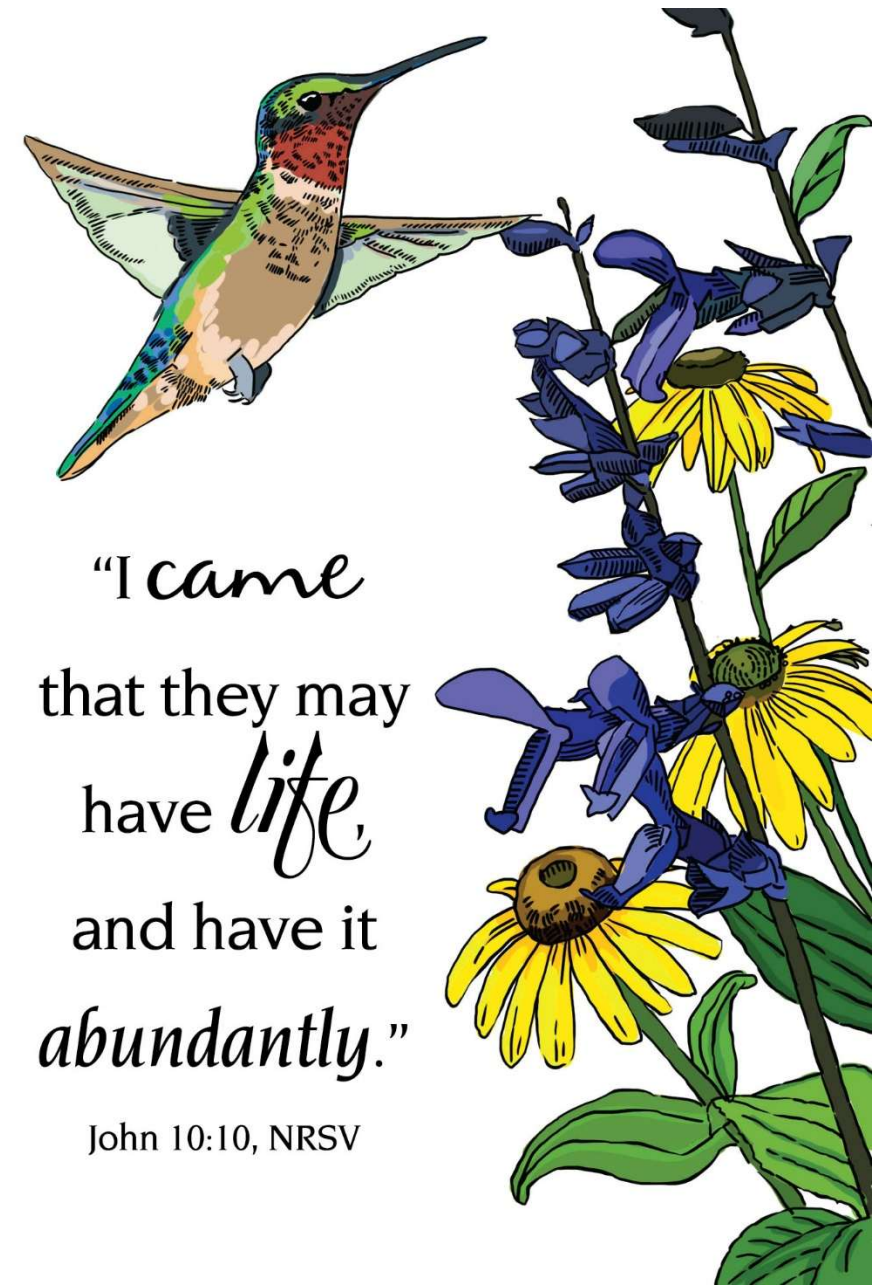
REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Cheryl Cass, Ron Cole, Dylan Coughlin, Sue Davis, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Doris Hammel, Gwen Higgins, Pat Hughes, Donna Jonnigan, Danny Jones, Samson Marrine Lee, Betty Longobardi, Lizzy Merolle, Millie Milkovich, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Robert Schmidt, Diana Silverman, Michelle Simonis, Catherine White, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Joshell Coleman, Jordan Fidler, Allison and Chad Hagner, Lorry Hetzer, Scott Kara, Edgar Martinez, Hilary McAllister, Rob Post, Jean Slater, Wayne Surico, Ronald Tomaso, Jackie Triguero, Elaine Wintergreen, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
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*“I came
that they may
have *life*
and have it
abundantly.”*

John 10:10, NRSV

Poughkeepsie United Methodist Church
April 26, 2026

Words of Welcome & Life of the Church

Prelude: "March of Praise" by Valerie W. Stephenson

Joyful Ringers

Call to Worship

Leader: The Lord is our shepherd.

People: We shall not want.

Leader: Christ calls us by name and leads us beside still waters.

People: We listen for the Shepherd's voice.

Leader: In green pastures God restores our souls.

People: In Christ we find life abundant.

Leader: Come, let us worship the One who knows us and leads us.

People: We come to follow the voice of the Shepherd.

Opening Prayer

***Songs of Praise:** "Death was Arrested"
"Your Grace is Enough"

Scripture Reading: John 10:1-10

Sermon for the Young and Young at Heart

***Hymn of Preparation:** "You Satisfy a Hungry Heart"

UMH 629

Sermon

Worship God with Tithes and Offerings

Offertory Anthem: "Where Jesus Is, 'Tis Heaven"

James Milton Black (1856-1938)

Doxology

UMH 94

Silent Prayer & Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** "His Name is Wonderful"

UMH 174

Benediction

Postlude:

**Please stand if you are able*

~~~~~  
***The flowers on the altar are given by Heidi Mills to the Glory of God and in loving memory of Arnette Schmidt on her 1st birthday in heaven.***

**Welcome to Poughkeepsie United Methodist Church.** *We are delighted to have you worship with us today!*

**We want to be your family of faith.** *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)*

**To Those with Little Ones:** Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service.

**If you would like to be on the PUMC email distribution,** please go to the church website at [www.pokumc.com](http://www.pokumc.com) and scroll down to **Join Our Mailing List** button.

## Opportunities for You This Week

### SUNDAY, April 26<sup>th</sup>, 2026

|         |                       |
|---------|-----------------------|
| 8:00 am | Contemplative Prayer  |
| 8:45    | Coffee with Jesus     |
| 10:00   | Worship Service       |
|         | Sunday School         |
| 11:30   | Fellowship            |
|         | Confirmation          |
|         | Prayers for the World |
| 1:00 pm | Casa de Adoracion     |
| 2:00    | Parkside AA           |

### MONDAY, April 27<sup>th</sup>, 2026

|         |                    |
|---------|--------------------|
| 1:00 pm | Antique Study Club |
| 6:30    | Gamblers Anonymous |

### TUESDAY, April 28<sup>th</sup>, 2026

|          |                      |
|----------|----------------------|
| 10:00 am | Pastor's Bible Study |
| 12:00 pm | Fellowship Discovery |
| 1:00     | Arts & Crafts Group  |
| 5:30     | Primary Purpose AA   |
| 6:00     | Joyful Ringers       |

### WEDNESDAY, April 29<sup>th</sup>, 2026

|         |                   |
|---------|-------------------|
| 7:30 am | Morning Prayers   |
| 2::30   | Calligraphy Class |
| 7:00    | New Hope AA       |

### THURSDAY, April 30<sup>th</sup>, 2026

|         |                    |
|---------|--------------------|
| 5:30 pm | Primary Purpose AA |
| 6:15    | Praise Singers     |
| 7:00    | Choir              |
|         | Gamblers Anonymous |

### FRIDAY, May 1<sup>st</sup>, 2026

|         |                 |
|---------|-----------------|
| 8:30 am | Collate Journey |
| 6:30 pm | CdA Service     |

### SATURDAY, May 2<sup>nd</sup>, 2026

|         |                    |
|---------|--------------------|
| 8:30 am | Gamblers Anonymous |
| 5:00    | Youth Group        |

### SUNDAY, May 3<sup>rd</sup>, 2026

|         |                       |
|---------|-----------------------|
| 8:00 am | Contemplative Prayer  |
| 8:45    | Coffee with Jesus     |
| 10:00   | Worship Service       |
|         | Sunday School         |
| 11:30   | Fellowship            |
|         | Confirmation          |
|         | Prayers for the World |
| 1:00 pm | Casa de Adoracion     |
| 2:00    | Parkside AA           |

**Death was Arrested** CCLI Song # 7046448  
Adam Kersh | Brandon Coker | Heath Balltzglie | Paul Taylor Smith  
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**Your Grace is Enough** CCLI Song # 4477026  
Matt Maher  
© 2003 Thankyou Music Ltd; SPIRITANDSONG.COM PUBLISHING  
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**You Satisfy a Hungry Heart (UMH 629)**  
Music: Robert E. Kreuz  
Lyrics: Omer Westendorf

**His Name is Wonderful (UMH 174)**  
Music: Audrey Meier  
Lyrics: Audrey Meier

1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual2025 Abingdon Press. Kindle Edition.

## Announcements

Please note that the church office will be closed this Thursday, April 30. Please contact Karyn before Thursday if you need access to the church that day.

**Emails from PUMC:** Have you stopped receiving emails from us? Please contact the church office and Karyn can figure out what is going on.

**Vacation Bible School** will return on Thursday, July 9 – Saturday, July 11. Lots of information will be available in the coming months. **We will need adult volunteers! Please speak to Angela if you can help.**

**Fundraiser walk to support the Ronald McDonald House of the Greater Hudson Valley** on the Walkway Sunday, April 26 there will be a fundraiser walk to support the Ronald McDonald House of the Greater Hudson Valley on the Walkway over the Hudson beginning on the Poughkeepsie side at 12 noon-3pm. The Marrine family will be participating to give thanks for the support we received during the 98 days our grandson Samson was in the adjacent Westchester Medical Center NICU. Please consider walking with us, donating and praying for all the families with children in the care of the hospital and being assisted by the Ronald McDonald House which offer free accommodations, food and support during a family members stay in the hospital. Go to [secure.qgiv.com](http://secure.qgiv.com) to donate to Team Samson (our grandson's name and our family team's name) or talk with John or Nancy Marrine. Thank you.

### Upcoming Special Sundays

Sunday, May 10<sup>th</sup> – Mother's Day  
Sunday, May 17<sup>th</sup> – A Special Baptism  
Sunday, May 24<sup>th</sup> – Pentecost – Wear Red!  
Sunday, May 31<sup>st</sup> – Children's Day  
Sunday, June 7<sup>th</sup> – Confirmation Sunday  
Sunday, June 21<sup>st</sup> – Father's Day  
Sunday, June 28<sup>th</sup> – Graduation Sunday



**Community Nursery School**  
of Poughkeepsie United Methodist Church

invites you to our

# No-Bake Bake Sale

Skip the baking and still make a difference!

No hours of baking  
No shopping for ingredients  
No kitchen to clean up

Your support helps us continue to "bake" our recipe for a successful preschool program

**How to Donate**

Online  
scan the QR code



By Mail  
Make checks payable to:  
**CNS of PUMC**  
send to:  
**Community Nursery School PUMC**  
2381 New Hackensack Rd.  
Poughkeepsie, NY 12603

www.cnspumc.com



**Sermon Summary**  
**"When You Feel Like a Number"**  
**April 26, 2026**  
**Text: John 10:1-10**

Many people know the experience of feeling like a number. In a world of systems, institutions, and constant noise, it is easy to feel anonymous, overlooked, or reduced to a line in a database. Even when life seems to be functioning on the surface, many people quietly carry the sense that something deeper is missing. Life can begin to feel thin rather than abundant.

In John 10, Jesus speaks directly into that experience by using the image of a shepherd and a sheepfold. His listeners would have understood this picture immediately. Sheep survive not because of strong fences but because they recognize the voice of their shepherd. The shepherd calls the sheep by name, and they follow because they know who is speaking.

This image reveals something profound about the life God intends. In the kingdom of God, people are not anonymous. They are known. The shepherd calls each sheep by name, leads them into pasture, and guards them at the gate. Their lives have direction, meaning, and protection because they belong to the shepherd.

Yet Jesus also warns that not every voice leads to life. "The thief comes only to steal and kill and destroy." Many voices promise fulfillment, security, or identity, but they ultimately leave people feeling more anxious, more pressured, and more spiritually depleted. When we seek life through the wrong voices or the wrong gates, we end up feeling unseen and misled.

Against that backdrop, Jesus makes two extraordinary claims. He says, "I am the gate," and "I am the good shepherd." True life is not found by forcing our way through other entrances or chasing every voice that calls to us. Abundant life comes through Christ, who knows us, calls us, and leads us.

The good news of the gospel is not that we perfectly learn to follow the right voice. The good news is that the Shepherd remains faithful. Jesus continues to call us by name, guiding us toward the life he promises: a life that is secure, purposeful, and abundant in his care.