

**LEADING WORSHIP:** *Our Pastor, Kregg Gabor*

**HELPING IN WORSHIP**

Acolyte	Juno Moreno
Liturgist	Ray Polivka
Head Usher	Will Cass
Ushers	Cheryl Cass, Lynne Deverman, Joseph Norman

**OUR FAITHFULNESS LAST SUNDAY**

Contemplative Prayer Service @ 8am 5  
Sunday School – All Ages 17

Worship @ 10:00 am 93  
YouTube & Zoom 46

**REMEMBER IN OUR PRAYERS**

**Our members:** Barbara Bates, Cheryl Cass, Will Cass, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Betsy Grover, Gwen Higgins, Tom Halloran, Sandra Hansen, Pat Hughes, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

**Friends of our church in your prayers:** Georgia Kustas-Beurket, Cris and John Burke, Doristeen Davis, Jordan Fidler, Bryan Foy, Lee, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Rob Post, Jean Slater, Wayne Surico, Jeff Theiss, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Clifford Zier. All the innocents affected by wars and conflicts around the world.

**Members of the military, active and/or retired, in your prayers:** Michael Clear, Staff sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

**Poughkeepsie United Methodist Church**  
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e-mail: office @pokumc.org



**Poughkeepsie United Methodist Church Service**  
**September 8, 2024**

September 8, 2024

16<sup>th</sup> Sunday of Pentecost

**Words of Welcome**

**Life of the Church**

**Prelude**

**Call to Worship**

Leader: Place your trust in God.

**People: God’s faithfulness is unshakeable.**

Leader: May our worship this day strengthen our faith.

**People: May our faithfulness be unshakeable.**

Leader: May our words and actions be good and true.

**People: May we grow in godliness each and every day.**

**Opening Prayer**

**\*Songs of Praise:** *“Change My Heart, O God”*  
*“The Power of Your Love”*

**Scripture Reading:** Hebrews 10:19-25

Pew Bible NT pg 175

**Sermon for the Young and Young at Heart**

**\*Hymn of Preparation:** *“Holy God, We Praise Thy Name”*

UMH 79

**Sermon**

**Worship God with Tithes and Offerings**

**Offertory Anthem:** *“Let There Be Music in This Place Today”*

**Doxology**

UMH 94

**Silent Prayer & Pastoral Prayer**

**The Lord’s Prayer**

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.**

**Passing the Peace of Christ**

**\*Closing Hymn:** *“I Am Thine, O Lord”*

UMH 419

**Benediction**

**Postlude**

*\*Please stand if you are able*

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**The flowers on the altar are given by Susan T. Davis and the DeGuzman Family to the Glory of God and in loving memory of Andrew Davis DeGuzman**

**Welcome to Poughkeepsie United Methodist Church.** *We are delighted to have you worship with us today!*

**We want to be your family of faith.** *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)*

**After Worship today join us in Fellowship Hall as we celebrate Rally Day! with a lovely brunch.**

## Opportunities for You This Week

## Announcements

### SUNDAY, September 8, 2024

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Rally Day!  
11:30 Social Justice Video  
1:00 pm Casa de Adoracion  
2:00 Parkside AA

### MONDAY, September 9, 2024

#### CNS Resumes

1:00 pm Friendship Circle  
6:30 Gamblers Anonymous  
7:00 Ted Talk Watch Party

### TUESDAY, September 10, 2024

1:00 pm Arts & Crafts Group  
5:30 PP Alcoholics Anonymous

### WEDNESDAY, September 11, 2024

7:30 am Morning Prayers

### THURSDAY, September 12, 2024

5:30 pm PP Alcoholics Anonymous  
7:00 Choir

### FRIDAY, July September 13, 2024

6:00 pm Casa de Adoracion

### SATURDAY, September 14, 2024

8:30 am Gambler's Anonymous

### SUNDAY, September 15, 2024

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
11:30 Social Justice Video  
SPRC  
1:00 pm Casa de Adoracion  
2:00 Parkside AA

**Change My Heart, O God**  
LYRICS: Eddie Espinosa  
MUSIC: Eddie Espinosa

**The Power of Your Love**  
CCLI Song # 917491  
Geoff Bullock  
© 1992 Geoff Bullock Music  
For use solely with the SongSelect® [Terms of Use](#). All rights reserved. [www.ccli.com](http://www.ccli.com)  
CCLI License # 777703

**Holy God We Praise Thy Name (UMH 79)**  
LYRICS: Ignaz Franz, Bland Tucker  
MUSIC: *Katholisches Gesangbuch*

**I Am Thine, O Lord (UMH 419)**  
LYRICS: Fanny J Crosby  
MUSIC: William H Doane

*1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual 2024 (p. 28). Abingdon Press. Kindle Edition.*

During coffee hour on Sunday, September 22 we will be having a casual celebration to honor out octogenarians and nonagerians in Fellowship Hall. If you are one of members of the congregation who are in your 80s or 90s please plan to attend and allow us to shower you with love! If you would like to help with this event please contact the office (845-452-2933).

**Arlington Street Fair is on Saturday, September 21 from 12-6 on Raymond Ave.** Our church will have a table to meet and greet people. Would you be able to join us for an hour or two? It's a fun way to meet others and talk about our great church or just hand out fliers and candy. Call or text Nancy Marrine @ 845-380-4887.

**Friendship Circle will resume with the fall schedule on Monday, September 9 at 1pm.** Our guest speaker will be CaraMia Bacciochi who is director of Hope on a Mission, a street ministry serving people in need in our community. She will share her story and her outreach mission on the streets of Poughkeepsie. We will also hear about the new location of the store on 44 Raymond Ave Ste. 2 that helps support all these missions. Refreshments will be served. All are welcome to attend and invite a friend/neighbor.

**We have moved the Fellowship Discovery Luncheon to the 4<sup>th</sup> Tuesday of each month.** The September FDL will take place on Tuesday, September 24<sup>th</sup> @ 12pm. More information coming soon.

**Join us for a Discover Love INC event on Thursday, September 12 from 5:30-6:30.** The office is located at 748 Freedom Plains Rd in Poughkeepsie. Come hear about the great things Love INC is doing in our community and about volunteer opportunities. RSVP at [communications@mhinc.org](mailto:communications@mhinc.org).

**Nancy's Wednesday Bible/book discussion group will resume on September 18 @ 1:00.** We will be choosing a new curriculum.... a book or a video series. All are welcome to join. Contact Nancy Marrine with any questions.

**The next Ted Talk Zoom meeting is scheduled for 7pm, Monday, September 9<sup>th</sup>.** The Ted Talk is "How to Build a Global Pro-Democracy Movement"

## Social Justice Team Video Series

You are cordially invited to join a viewing of a video series designed to enlighten, and stimulate our thinking (each video is ≤ 5 minutes in length). Topics which touch on history, community, justice, and more, should be of interest to everyone. One video in the series will be featured each Sunday after worship service during the month of September. A synopsis of each video in the series is available on the Social Justice whiteboard.

**Please** join us in the Library/Lounge (Room 24) for a viewing of a video in the series this Sunday after worship service. Bring your drinks and snacks. If you are so inclined, feel free to have a discussion with members of the Social Justice Team or each other after the showing. Those engaged in conversations may adjourn to the Fellowship Hall, since the showing of the video will be repeated at appropriate intervals, to accommodate later attendees.

Sincerely, *Gwen Higgins* PUMC Social Justice Team Member

### Important Upcoming Dates:

Monday, September 9<sup>th</sup> – Friendship Circle @ 1pm

Wednesday, September 18<sup>th</sup> – Journey Deadline

Nancy's Bible Study resumes @ 1:30pm

Saturday, September 21<sup>st</sup> – Arlington Street Fair

Sunday, September 22<sup>nd</sup> – Celebration of Our Octogenarians & Nonagenarians

First Day of Fall

Tuesday, September 24<sup>th</sup> – Fellowship Discovery Luncheon @ 12pm

Sunday, September 29<sup>th</sup> – New Members Reception

Tuesday, October 8<sup>th</sup> – Pastor's Book Study Begins

## Pastor Kregg will begin a new book study on Tuesday, October 8 @ 10am.



### PASTOR'S BOOK STUDY

This study will run for 5 weeks and meet in the lounge. We will be reading and discussing **“Welcome to the Basement: An Upside Down Guide to Greatness”** by Tim Ross. Books are \$14.00 and are available from Karyn in the office. **Please let her know ASAP if you plan to purchase one.** The blurb from Amazon says:

*In Welcome to the Basement, podcaster and thought leader Tim Ross shows you how you can achieve true and lasting greatness. But his tools and tactics might surprise you. Ross has put them to the test in his own life, and he's come to believe that the only way up is down, the only way in is out, and that downward mobility is your only hope for upward utility.*

*For far too long we've been held captive by false promises of hype and hustle in a world that needs hope and healing. Previously published as Upset the World--and now fully revised and rewritten for today's unique challenges, circumstances, and opportunities--Welcome to the Basement is a rallying cry and a practical guide to God's radical last-shall-be-first, least-shall-be-greatest way of living.*

*Tim will help you:*

- *Discover that you are God's masterpiece and learn to receive His unstoppable love and grace.*
- *Gain step-by-step guidance for identifying the people, places, and pieces that you've been called to disrupt and shower with God's love.*
- *Experience for yourself the good that God has for you--because only people whose lives have been turned upside-down by God can become Kingdom basement dwellers.*

*The humblest acts of goodness have the greatest power. And the lowest floor of the building is where the real VIPs live. Will you step down and into the good things God is doing in the world?*



## "Autumn Fest" is Coming

Saturday October 19<sup>th</sup> 10am-2pm  
Sunday October 20<sup>th</sup> (after service)

Yes, our wonderful Autumn Fair will be here before you know it. You will again be able to shop for handmade items, homemade goodies, and fancy jewels and enjoy a delicious take away lunch. There are also many opportunities to make things to be sold at the Autumn Fest.

Do you like to bake, whether it be fancy desserts or simpler bake sale fare? Please bake your "**homemade specialty**" for us and bring it to PUMC in a disposable container on Friday, October 18 (all day) or Saturday, October 19 (by 9am):

### "Bake Shoppe" Suggestions

Cookies(all kinds) Small Fruit Breads Candy/Fudge Coffee Cakes 6" Pies - Pecan, Pumpkin or Apple (Contact us if you need 6" tins) Brownies in pan (we will cut & package) \*\*Please no cupcakes or muffins

**Kathy Betz 845-527-1662**

### "Delicious Dessert Takeout" Suggestions

Cheese cake Layer cakes Apple Crisp Cream Puffs  
Pies - Pecan, Pumpkin, Apple or Lemon Meringue, Fancy Dessert Tarts

**Joan Schmidt**

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### Create - a Beautiful "World Famous" Gift Basket

It's time to use your artistry and creative talents to create a gift basket for us. Use your imagination!! Bring to PUMC **by October 13.**

(Please do not include perishable items or outdated goods.)

Please attach an attractive card listing all the basket items .

**Need ideas .....call Sandy Pullinger 845-834-2299**

### Hand Made with Love

This is for all the crafters and artistic folks out there. If it's handmade and you can bear to see it sold we would love to have it:  
Baby Quilts - Cell Phone Carriers - Kitchen Items - Cloth Shopping Bags – Bookmarks - Watercolor Paintings - Postcards - Snuggler Bags  
The list is endless.....

**Have a question? Call Anne Bierce 845-224-6270**

### Jewelry Gems

Do you have jewelry for us?

Please place your donation in "Autumn Fest" box in the office **by 10/13!!**

Earrings Necklaces Brooches Costume Pieces Rings Pins

It's wonderful shopping!! An enjoyable boutique!!

**Carla Vinson 845-849-1706**

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### For Lunch it's PUMC's \$10.00 "Gourmet Delight"

A Gourmet Lunch in a bag!!!

Chicken Salad Croissant, Asian Broccoli Salad, and Dessert Bars, lovely napkin and utensils – yes, everything for a "delightful lunch".

Buy 2 and have a "luncheon or light supper" with a friend!

(We have gluten-free options.)

**Doris Stahl 845-462-1922**

