

LEADING WORSHIP: Our Pastor, Kregg Gabor

HELPING IN WORSHIP

| | |
|------------|---------------------------------------------------------|
| Acolyte | Sarah-Grace White |
| Liturgist | Laura Gabor |
| Head Usher | Will Cass |
| Ushers | Cheryl Cass, Lynne Deverman, Deb Kudzia, Joseph Norman, |

OUR FAITHFULNESS LAST SUNDAY

| | |
|--------------------------------------|-----------------------|
| Contemplative Prayer Service @ 8am 5 | Worship @ 10:00 am 95 |
| Sunday School – All Ages 21 | YouTube & Zoom 65 |

REMEMBER IN OUR PRAYERS

Our members: Barbara Bates, Cheryl Cass, Will Cass, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Betsy Grover, Gwen Higgins, Tom Halloran, Sandra Hansen, Pat Hughes, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Priscilla Wendover, Catherine White, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Jordan Fidler, Bryan Foy, Lee, Margot Madalengoitia, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Rob Post, Jean Slater, Wayne Surico, Jeff Theiss, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
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Are

any among you

suffering? They should pray.

Are any cheerful?

They should sing songs of

praise

James 5:13 NRSV



Poughkeepsie United Methodist Church Service
September 29, 2024

September 29, 2024

19th Sunday of Pentecost

Words of Welcome

Life of the Church

Prelude

Call to Worship

Leader: When we are afraid,

People: May we sense our risen Lord ever near.

Leader: When we feel alone,

People: May we sense our risen Lord always present.

Leader: When we cry out, "Where is our God?"

People: May we sense our risen Lord close by our side.

Leader: When we feel the world in turmoil,

People: May we feel our risen Lord calming our lives.

Leader: When we feel at a loss,

People: May our risen Lord fill us with courage.

All: May we give thanks for God's many blessings.

Opening Prayer

***Songs of Praise:** *"Make Me a Servant"*

TFWS 2176

"Build Your Kingdom Here"

Scripture Reading: Matthew 12:9-13

Pew Bible NT pg 8

Sermon for the Young and Young at Heart

***Hymn of Preparation:** *"In Christ There is No East or West"*

UMH 548

Sermon

Worship God with Tithes and Offerings

Offertory Anthem:

Doxology

UMH 94

Silent Prayer & Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** *"Lord of the Dance"*

UMH 261

Benediction

Leader: Go forth remembering the journey in the Spirit is filled with risk.

People: So we are not in control.

Leader: There will always be uncertainty on the journey in the Spirit.

People: So we cannot predict the outcome.

Leader: Yet, the journey in the Spirit always results in our growth.

People: So it requires our total dependence on God.

Leader: Go with God and enjoy the trip!

Postlude

**Please stand if you are able*

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**The flowers on the altar are given by Earlyynn Kiesling to the Glory of God and in loving memory of her mom on her birthday.**

## Opportunities for You This Week

### SUNDAY, September 29, 2024

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
11:30 Social Justice Video  
1:00 pm Casa de Adoracion  
2:00 Parkside AA  
4:00 Youth Group

### MONDAY, September 30, 2024

9:00 am Monday Morning Group  
6:30 pm Gamblers Anonymous

### TUESDAY, October 1, 2024

1:00 pm Arts & Crafts Group  
5:30 PP Alcoholics Anonymous

### WEDNESDAY, October 2, 2024

7:30 am Morning Prayers  
1:00 pm Nancy's Bible Study  
7:00 Church Council

### THURSDAY, October 3, 2024

5:30 pm PP Alcoholics Anonymous  
7:00 Choir

### FRIDAY, October 4, 2024

6:00 pm Casa de Adoracion

### SATURDAY, October 5, 2024

8:30 am Gambler's Anonymous  
6:00 pm Youth Baking

### SUNDAY, October 6, 2024

#### World Communion Sunday

8:00 am Soaking Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
Youth Bake Sale  
11:30 Social Justice Video  
1:00 pm Casa de Adoracion  
2:00 Parkside AA  
4:00 Youth Group

#### **Make Me a Servant**

CCLI Song # 33131 Kelly Willard  
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#### **Build Your Kingdom Here**

CCLI Song # 6186078  
Chris Llewellyn | Gareth Gilkeson | William Herron  
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#### **In Christ There Is No East or West (UMH 548)**

LYRICS: John Oxenham, Laurence Hull Stookey  
MUSIC: African Amer. Spiritual

#### **Lord of the Dance (UMH 261)**

LYRICS: Sydney Carter  
MUSIC: 19<sup>th</sup> Cent. Shaker Tune

1 Beu, B.J.; Scifres, Mary. *The Abingdon Worship Annual 2024* (p. 28). Abingdon Press. Kindle Edition.

**Welcome to Poughkeepsie United Methodist Church.** We are delighted to have you worship with us today!

**We want to be your family of faith.** We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)

## Announcements

**Senior Celebration – We have decided to go bigger & better!** In an effort to create a larger and more spectacular event we have decided to postpone the "Senior Celebration" that was scheduled for this Sunday (Sept 22) to **Sunday, October 27**. It will still take place right after church, but it will now be a full luncheon for all those that are in their 80s and 90s. If you plan to attend there will be a sign up sheet at church, or you can contact the office. **Please spread the word so that the whole congregation knows about this event!** For those that are not at that age yet, we need your help to put on an amazing event. We will need servers, decorators, people to bring in food, cooks, and folks to clean up. Please contact the office to offer to help or there is a sign up sheet in Fellowship Hall.

**Trunk or Treat will take place on Saturday, October 19<sup>th</sup> @ 4pm.** Please sign up on the bulletin board outside fellowship hall if you plan to decorate your car and hand out treats.

**World Communion Sunday is October 6.** To celebrate we are asking the congregation to bring in "heritage bread". Do you have a specific type of bread that represents your heritage, or even just your childhood? If you do we ask that you bring it to church on October 6 and share it with the congregation during fellowship after worship.

**The Way Forward team is exploring the return of a contemporary service to PUMC.** We are in early discussions with an experienced Worship Leader for the best way to accomplish this. In parallel, we'd like to start the search for musicians who play the guitar, bass, piano or drums. If you are interested or know someone who might be interested, please contact John Marrine ([jmarrine@gmail.com](mailto:jmarrine@gmail.com)).

**Save the Date for Church Conference.** Church conference will be held on Sunday, November 17 @ 2pm. We will be hosting this year. Reports will be optional, except those that are required by the conference. If you aren't sure what is required please contact the office.

Pastor Kregg will begin a new book study on Tuesday, October 8 @ 10am. This study will run for 5 weeks and meet in the lounge. We will be reading and discussing “Welcome to the Basement: An Upside Down Guide to Greatness” by Tim Ross. Books are \$14.00 and are available in the office.

**Youth Group News:** The youth group has two exciting events coming up in the beginning of October. On **Sunday, Oct 6** we will be holding a bake sale to support the upcoming Crop Walk. Then, on **Sunday, Oct 13** there will be an “All Church Rice & Beans Banquet” in the evening. More information about that coming soon.

### Social Justice Team Video Series

Sunday, Oct 06, “Origin” - TRAILERS (11:30AM, LOUNGE)

- Caste — Author, *Isabel Wilkerson* (Late Show Interview **7:05 minutes**)
- “Origin” — Written & Directed, *Ava DuVernay* (Movie Trailer, **2.19 minutes**)

Saturday, Oct 12 “Origin” - MOVIE (4PM, FELLOWSHIP HALL)

“Origin” is a 2023 American biographical drama film written and directed by *Ava DuVernay*. It is based on the life of *Isabel Wilkerson*, played by *Aunjanue Ellis-Taylor*, as she writes the book Caste: The Origins of Our Discontents. Over the course of the film, *Wilkerson* travels throughout Germany, India, and the United States to research the caste systems in each country's history.

### Important Upcoming Dates:

Sunday, October 6 – World Communion Sunday

Youth Bake Sale @ 11:30am

Tuesday, October 8<sup>th</sup> – Pastor’s Book Study Begins

Friday, October 12<sup>th</sup> – Movies with Meaning @ 4pm

Saturday, October 19<sup>th</sup> – Harvest Fest @ 10am-2pm

Trunk or Treat @ 4pm

Friday, October 25<sup>th</sup> – Lancaster Trip

Sunday, October 27<sup>th</sup> – Senior Celebration

Tuesday, November 5<sup>th</sup> – Election Day Pie Bake

**Sunday, November 17<sup>th</sup> – Church Conference @ 2pm**



**Trunk Or Treat @ PUMC!**

**Saturday, October 19**

**4:00 – 6:00pm**

**Adults:** Please come decorate your car and hand out treats to the trick-or-treaters as they go around the parking lot. There is a sign up sheet on the bulletin board outside fellowship hall.

**Kids:** Come in your coolest costumes and collect treats!

**No Scary Decorations or Costumes Please**



### Launching “Interest-Based Small Groups!”

Nearly 20% of active PUMC members completed the “Interest-Based Small Groups” survey! That’s awesome! And it’s a clear indication that many of us would like more opportunity to engage, learn, explore and have fun with our brothers and sisters in Christ,...in the name of Christ.

The most popular interest, by far, was “Walking” but other popular choices were Faith-Based Book Study, Bible Exploration, Card Games, Hiking, Visiting Local Points of Interest, Yoga, Cooking, Attend Musical/Theater Events and Going out for Dinner and a Movie. What a wide range of interests we have! What potential for amazing discipleship!

If you completed the survey (thank you!), will receive an email soon with others that expressed the same interests. Then, as a group, together you decide if, when and where to meet to share your interest in that particular topic. The group will be encouraged to share their plans in the Sunday Bulletin so others can join. The more the merrier! Yet, “where two or more are gathered in my name, I am there,” says Jesus in Matthew 18:20. So, please feel free to join in any existing Interest-Based Small Group at any time! For contact information for any particular group, email Barb Adams at [bcadams317@gmail.com](mailto:bcadams317@gmail.com).

If you have not participated in the Interest-Based Small Groups survey, it’s not too late. It can be found at: <https://pokumc.com/interest-based-small-groups/> or by using the QR code above.



## “Autumn Fest” is Coming

Saturday October 19<sup>th</sup> 10am-2pm  
Sunday October 20<sup>th</sup> (after service)

Yes, our wonderful Autumn Fair will be here before you know it. You will again be able to shop for handmade items, homemade goodies, and fancy jewels and enjoy a delicious take away lunch. There are also many opportunities to make things to be sold at the Autumn Fest.

Do you like to bake, whether it be fancy desserts or simpler bake sale fare? Please bake your “**homemade specialty**” for us and bring it to PUMC in a disposable container on Friday, October 18 (all day) or Saturday, October 19 (by 9am):

### “Bake Shoppe” Suggestions

Cookies(all kinds) Small Fruit Breads Candy/Fudge Coffee Cakes  
6” Pies - Pecan, Pumpkin or Apple (Contact us if you need 6” tins)  
Brownies in pan (we will cut & package) \*\*Please no cupcakes or muffins  
**Kathy Betz 845-527-1662 or Cathy Close 845-240-1542**

### “Delicious Dessert Takeout” Suggestions

Cheese cake Layer cakes Apple Crisp Cream Puffs  
Pies - Pecan, Pumpkin, Apple or Lemon Meringue, Fancy Dessert Tarts  
**Joan Schmidt 845-452-9515**

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### Create - a Beautiful “World Famous” Gift Basket

It’s time to use your artistry and creative talents to create a gift basket for us. Use your imagination!! Bring to PUMC **by October 13.**

(Please do not include perishable items or outdated goods.)

Attach a complete list of basket items – we will make the basket card!

**Need ideas .....call Sandy Pullinger 845-834-2299**

### Hand Made with Love

This is for all the crafters and artistic folks out there. If it’s handmade and you can bear to see it sold we would love to have it:  
Baby Quilts - Cell Phone Carriers - Kitchen Items - Cloth Shopping Bags – Bookmarks -  
Watercolor Paintings - Postcards - Snuggler Bags  
The list is endless.....

**Have a question? Call Anne Bierce 845-224-6270**

### Jewelry Gems

Do you have jewelry for us?

Please place your donation in “Autumn Fest” box in the office **by 10/13!!**

Earrings Necklaces Brooches Costume Pieces Rings Pins

It’s wonderful shopping!! An enjoyable boutique!!

**Carla Vinson 845-849-1706**

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### For Lunch it's PUMC's \$10.00 “Gourmet Delight”

A Gourmet Lunch in a bag!!!

Chicken Salad Croissant, Asian Broccoli Salad, Croissant, and Dessert Bars,  
lovely napkin and utensils – yes, everything for a “delightful lunch”.

Buy 2 and have a “luncheon or light supper” with a friend!

(We have gluten-free options.)

**Pam Terwilliger 845-240-4564**





The Poughkeepsie United Methodist Church

*invites you to the*

# CROP HUNGER WALK



ENDING HUNGER ONE STEP AT A TIME

If we work together, we can end world hunger. That's why Poughkeepsie United Methodist Church is participating in the CROP Hunger Walk to help families who are struggling with hunger. Please join your brothers and sisters in Christ at PUMC with your steps and your donations. Together we will provide more meals for the growing number of people right here in our community who need them and create greater food security in communities around the world.

**WALK** with us after the service on October 27<sup>th</sup>.

Email Barb Adams at [bcadams317@gmail.com](mailto:bcadams317@gmail.com) to signup!

**DONATE** by visiting the

**PUMC Crop Walk Fundraising page:**

*Point your phone camera at the QR code and touch the orange link that appears.*

*Thank you!*



Our Youth Group is supporting the Crop Walk in conjunction with their month-long focus on food insecurity. Please consider supporting the Youth at their planned activities which will be raising funds for the Crop Walk, and joining them for the walk itself on Sunday, October 27th.



## SENIOR CELEBRATION!!!!!!

### SUNDAY, OCTOBER 27 @ 11:30

WE WILL BE HAVING A LOVELY LUNCHEON

TO HONOR OUR

OCTOGENARIANS AND NONAGERIANS!

IF YOU ARE ONE OF MEMBERS OF THE CONGREGATION WHO ARE IN YOUR 80s OR 90s PLEASE PLAN TO ATTEND AND ALLOW US TO SHOWER YOU WITH LOVE!

## PLEASE SIGN UP IN FELLOWSHIP HALL

