

LEADING WORSHIP: Our Pastor, Kregg Gabor

HELPING IN WORSHIP

Acolyte
Liturgist Jenn Harmer
Head Usher Will Cass
Ushers Cheryl Cass, Lynne Deverman, Linda McCluskey, Joseph Norman,

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am 5 Worship @ 10:00 am 105
Sunday School – All Ages 23 YouTube & Zoom 65

REMEMBER IN OUR PRAYERS

Our members: Barbara Bates, Cheryl Cass, Will Cass, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Betsy Grover, Gwen Higgins, Tom Halloran, Sandra Hansen, Pat Hughes, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.


Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Doristeen Davis, Jordan Fidler, Bryan Foy, Lee, Margot Madalengoitia, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Rob Post, Jean Slater, Wayne Surico, Jeff Theiss, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
2381 New Hackensack Road, Poughkeepsie, NY 12603
Phone: (845) 452-2933 Fax: (845) 452-3103
Internet Web Site: <http://www.pokumc.org>
e- mail: office @pokumc.org

James 4:8 NRSV

Draw near
to God,
and
he will draw near
to
you



Poughkeepsie United Methodist Church Service
September 22, 2024

Words of Welcome

Life of the Church

Prelude

Call to Worship

Leader: Wisdom shouts her warnings in the street.

All: We have come to forsake our foolish ways.

Leader: Wisdom longs to pour out her Spirit on all flesh.

All: We will not shrink from her blessings.

Leader: Wisdom imparts holy knowledge to save us.

All: We will not shut out the lessons she teaches.

Leader: Let us worship in spirit and in truth.

Opening Prayer

***Songs of Praise:** *“Lord You Have My Heart”*
“Lord Reign in Me”

Scripture Reading: Mark 9:30-37

Pew Bible NT pg 34

Sermon for the Young and Young at Heart

***Hymn of Preparation:** *“Are Ye Able”*

UMH 530

Sermon

Worship God with Tithes and Offerings

Offertory Anthem: *“Jesus Shall Reign Where’er the Sun”*

Doxology

UMH 94

Silent Prayer & Pastoral Prayer

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** *“I Sing A Song of the Saints of God”*

UMH 712

Benediction

Postlude

**Please stand if you are able*

The flowers on the altar are given by Dale Borchert to the Glory of God and in celebration of Dale & Beth’s wedding anniversary.

Welcome to Poughkeepsie United Methodist Church. *We are delighted to have you worship with us today!*

We want to be your family of faith. *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at office@pokumc.org*



Opportunities for You This Week

Announcements

SUNDAY, September 22, 2024

8:00 am Contemplative Prayer
8:45 Coffee with Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
11:30 Social Justice Video
1:00 pm Casa de Adoracion
2:00 Parkside AA
6:00 Youth Group

MONDAY, September 23, 2024

9:00 am Monday Morning Group
6:30 pm Gamblers Anonymous

TUESDAY, September 24, 2024

12:00 pm Fellowship Discovery Luncheon
1:00 Arts & Crafts Group
5:30 PP Alcoholics Anonymous

WEDNESDAY, September 25, 2024

7:30 am Morning Prayers
1:00 pm Sandy's Bible Study
7:00 Trustess

THURSDAY, September 26, 2024

5:30 pm PP Alcoholics Anonymous
7:00 Choir

FRIDAY, July September 27, 2024

8:30 am Collate Journey
6:00 pm Casa de Adoracion

SATURDAY, September 28, 2024

8:30 am Gambler's Anonymous

SUNDAY, September 29, 2024

8:00 am Soaking Prayer
8:45 Coffee with Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
11:30 Social Justice Video
1:00 pm Casa de Adoracion
2:00 Parkside AA
6:00 Youth Group

Lord You Have My Heart

CCLI Song # 1108735
Martin Smith
© 1992 Thankyou Music
For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com CCLI License # 777703

Lord Reign in Me

Brenton Brown
© 1998 Vineyard Songs (UK/Eire) For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com
CCLI License # 77770

Are Ye Able (UMH 530)

LYRICS: Earl Marlatt
MUSIC: Harry S. Mason

Lift High the Cross (UMH 159)

LYRICS: Lesbia Scott
MUSIC: John H Hopkins

1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual 2024 (p. 28). Abingdon Press. Kindle Edition.

Karyn (the church secretary) will be out of town Sept 30 – Oct 4. If you have a couple of hours available to sit in the office to answer phones and let people in please let her know.

Senior Celebration – We have decided to go bigger & better! In an effort to create a larger and more spectacular event we have decided to postpone the "Senior Celebration" that was scheduled for this Sunday (Sept 22) to **Sunday, October 27**. It will still take place right after church, but it will now be a full luncheon for all those that are in their 80s and 90s. If you plan to attend there will be a sign up sheet at church, or you can contact the office. **Please spread the word so that the whole congregation knows about this event!** For those that are not at that age yet, we need your help to put on an amazing event. We will need servers, decorators, people to bring in food, cooks, and folks to clean up. Please contact the office to offer to help or there is a sign up sheet in Fellowship Hall.

New Members: We will be having a reception/information session for those wishing to join the church as members after worship on September 29. If this is something you might be interested in please speak to Pastor Kregg. Please note that there are no obligations, financial or otherwise, for members.

Trunk or Treat will take place on Saturday, October 19th @ 4pm. Please sign up on the bulletin board outside fellowship hall if you plan to decorate your car and hand out treats.

World Communion Sunday is October 6. To celebrate we are asking the congregation to bring in "heritage bread". Do you have a specific type of bread that represents your heritage, or even just your childhood? If you do we ask that you bring it to church on October 6 and share it with the congregation during fellowship after worship.

The Way Forward team is exploring the return of a contemporary service to PUMC. We are in early discussions with an experienced Worship Leader for the best way to accomplish this. In parallel, we'd like to start the search for musicians who play the guitar, bass, piano or drums. If you are interested or know someone who might be interested, please contact John Marrine (jmarrine@gmail.com).

Save the Date (and start thinking about reports) for Church Conference. Church conference will be held on Sunday, November 17 @ 2pm. We will be hosting this year.

Social Justice Team Video Series

You are cordially invited to join a viewing of a video series designed to enlighten, and stimulate our thinking (each video is ≤ 5 minutes in length). Topics which touch on history, community, justice, and more, should be of interest to everyone. One video in the series will be featured each Sunday after worship service during the month of September. A synopsis of each video in the series is available on the Social Justice whiteboard.

Please join us in the Library/Lounge (Room 24) for a viewing of a video in the series this Sunday after worship service. Bring your drinks and snacks. If you are so inclined, feel free to have a discussion with members of the Social Justice Team or each other after the showing. Those engaged in conversations may adjourn to the Fellowship Hall, since the showing of the video will be repeated at appropriate intervals, to accommodate later attendees.

Sincerely, *Gwen Higgins* PUMC Social Justice Team Member

Important Upcoming Dates:

Tuesday, September 24th – Fellowship Discovery Luncheon @ 12pm

Sunday, September 29th – New Members Reception/Information

Tuesday, October 8th – Pastor’s Book Study Begins

Friday, October 12th – Movies with Meaning @ 4pm

Saturday, October 19th – Harvest Fest @ 10am-2pm

Trunk or Treat @ 4pm

Friday, October 25th – Lancaster Trip

Sunday, October 27th – Senior Celebration

Tuesday, November 5th – Election Day Pie Bake

Sunday, November 17th – Church Conference @ 2pm

**Pastor Kregg will begin a new book study on
Tuesday, October 8 @ 10am.**



**PASTOR'S
BOOK
STUDY**

This study will run for 5 weeks and meet in the lounge. We will be reading and discussing **“Welcome to the Basement: An Upside Down Guide to Greatness” by Tim Ross**. Books are \$14.00 and are available from Karyn in the office. **Please let her know ASAP if you plan to purchase one.** The blurb from Amazon says:

In Welcome to the Basement, podcaster and thought leader Tim Ross shows you how you can achieve true and lasting greatness. But his tools and tactics might surprise you. Ross has put them to the test in his own life, and he's come to believe that the only way up is down, the only way in is out, and that downward mobility is your only hope for upward utility.

For far too long we've been held captive by false promises of hype and hustle in a world that needs hope and healing. Previously published as Upset the World--and now fully revised and rewritten for today's unique challenges, circumstances, and opportunities--Welcome to the Basement is a rallying cry and a practical guide to God's radical last-shall-be-first, least-shall-be-greatest way of living.

Tim will help you:

- *Discover that you are God's masterpiece and learn to receive His unstoppable love and grace.*
- *Gain step-by-step guidance for identifying the people, places, and pieces that you've been called to disrupt and shower with God's love.*
- *Experience for yourself the good that God has for you--because only people whose lives have been turned upside-down by God can become Kingdom basement dwellers.*

The humblest acts of goodness have the greatest power. And the lowest floor of the building is where the real VIPs live. Will you step down and into the good things God is doing in the world?



“Autumn Fest” is Coming

Saturday October 19th 10am-2pm
Sunday October 20th (after service)

Yes, our wonderful Autumn Fair will be here before you know it. You will again be able to shop for handmade items, homemade goodies, and fancy jewels and enjoy a delicious take away lunch. There are also many opportunities to make things to be sold at the Autumn Fest.

Do you like to bake, whether it be fancy desserts or simpler bake sale fare? Please bake your “**homemade specialty**” for us and bring it to PUMC in a disposable container on Friday, October 18 (all day) or Saturday, October 19 (by 9am):

“Bake Shoppe” Suggestions

Cookies(all kinds) Small Fruit Breads Candy/Fudge Coffee Cakes
6” Pies - Pecan, Pumpkin or Apple (Contact us if you need 6” tins)
Brownies in pan (we will cut & package) **Please no cupcakes or muffins
Kathy Betz 845-527-1662 or Cathy Close 845-240-1542

“Delicious Dessert Takeout” Suggestions

Cheese cake Layer cakes Apple Crisp Cream Puffs
Pies - Pecan, Pumpkin, Apple or Lemon Meringue, Fancy Dessert Tarts
Joan Schmidt 845-905-6414

Create - a Beautiful “World Famous” Gift Basket

It’s time to use your artistry and creative talents to create a gift basket for us. Use your imagination!! Bring to PUMC **by October 13.**

(Please do not include perishable items or outdated goods.)

Attach a complete list of basket items – we will make the basket card!

Need ideascall Sandy Pullinger 845-834-2299

Hand Made with Love

This is for all the crafters and artistic folks out there. If it’s handmade and you can bear to see it sold we would love to have it:
Baby Quilts - Cell Phone Carriers - Kitchen Items - Cloth Shopping Bags – Bookmarks -
Watercolor Paintings - Postcards - Snuggler Bags
The list is endless.....

Have a question? Call Anne Bierce 845-224-6270

Jewelry Gems

Do you have jewelry for us?

Please place your donation in “Autumn Fest” box in the office **by 10/13!!**

Earrings Necklaces Brooches Costume Pieces Rings Pins
It’s wonderful shopping!! An enjoyable boutique!!

Carla Vinson 845-849-1706

For Lunch it's PUMC's \$10.00 “Gourmet Delight”

A Gourmet Lunch in a bag!!!

Chicken Salad Croissant, Asian Broccoli Salad, Soft Roll, and Dessert Bars,
lovely napkin and utensils – yes, everything for a “delightful lunch”.

Buy 2 and have a “luncheon or light supper” with a friend!

(We have gluten-free options.)

Pam Terwilliger 845-240-4564





Trunk Or Treat @ PUMC!
Saturday, October 19
4:00 - 6:00pm

Adults: Please come decorate your car and hand out treats to the trick-or-treaters as they go around the parking lot. There is a sign up sheet on the bulletin board outside fellowship hall.

Kids: Come in your coolest costumes and collect treats!
No Scary Decorations or Costumes Please



Launching “Interest-Based Small Groups!”

Nearly 20% of active PUMC members completed the “**Interest-Based Small Groups**” survey! That’s awesome! And it’s a clear indication that many of us would like more opportunity to engage, learn, explore and have fun with our brothers and sisters in Christ,...in the name of Christ.

The most popular interest, by far, was “Walking” but other popular choices were Faith-Based Book Study, Bible Exploration, Card Games, Hiking, Visiting Local Points of Interest, Yoga, Cooking, Attend Musical/Theater Events and Going out for Dinner and a Movie. What a wide range of interests we have! What potential for amazing discipleship!

If you completed the survey (thank you!), will receive an email soon with others that expressed the same interests. Then, as a group, together you decide if, when and where to meet to share your interest in that particular topic. The group will be encouraged to share their plans in the Sunday Bulletin so others can join. The more the merrier! Yet, “where two or more are gathered in my name, I am there,” says Jesus in Matthew 18:20. So, please feel free to join in any existing Interest-Based Small Group at any time! For contact information for any particular group, email Barb Adams at bcadams317@gmail.com.

If you have not participated in the Interest-Based Small Groups survey, it’s not too late. It can be found at: <https://pokumc.com/interest-based-small-groups/> or by using the QR code above.



SENIOR CELEBRATION!!!!!!

SUNDAY, OCTOBER 27 @ 11:30

**WE WILL BE HAVING A LOVELY LUNCHEON
 TO HONOR OUR**

OCTOGENARIANS AND NONAGERIANS!

**IF YOU ARE ONE OF MEMBERS OF THE
 CONGREGATION WHO ARE IN YOUR 80s
 OR 90s PLEASE PLAN TO ATTEND AND
 ALLOW US TO SHOWER YOU WITH LOVE!**

PLEASE SIGN UP IN FELLOWSHIP HALL

