

**LEADING WORSHIP: Our Pastor, Gregg Gabor**

**HELPING IN WORSHIP**

Acolyte	Sarah-Grace White
Liturgist	Sandy Pullinger
Head Usher	Will Cass
Ushers	Cheryl Cass, Lynne Deverman, Joseph Norman, Marie Sidgewick

**OUR FAITHFULNESS LAST SUNDAY**

Contemplative Prayer Service @ 8am 5  
Sunday School – All Ages 10

Worship @ 10:00 am 85  
YouTube & Zoom 47

**REMEMBER IN OUR PRAYERS**

**Our members:** Barbara Bates, Cheryl Cass, Will Cass, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Betsy Grover, Gwen Higgins, Tom Halloran, Sandra Hansen, Pat Hughes, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

**Friends of our church in your prayers:** Georgia Kustas-Beurket, Cris and John Burke, Doristeen Davis, Jordan Fidler, Bryan Foy, Lee, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Rob Post, Jean Slater, Wayne Surico, Jeff Theiss, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Clifford Zier. All the innocents affected by wars and conflicts around the world.

**Members of the military, active and/or retired, in your prayers:** Michael Clear, Staff sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church  
2381 New Hackensack Road, Poughkeepsie, NY 12603  
Phone: (845) 452-2933 Fax: (845) 452-3103  
Internet Web Site: <http://www.pokumc.org>  
e- mail: office @pokumc.org



**BE QUICK  
TO LISTEN,  
SLOW  
TO SPEAK,  
SLOW TO  
ANGER.**

**James 1:19, NRSV**

**Poughkeepsie United Methodist Church Service  
September 1, 2024  
Communion**

**Words of Welcome**

**Life of the Church**

**Prelude**

**Call to Worship**

Leader: Creator, you bless us with the heavenly lights—

**People: the moon that waxes and wanes,**

Leader: the planets that whirl around the sun,

**People: the galaxies that wink from afar.**

Leader: In the darkness you call out, “Let there be light,”

**People: and the universe is filled with heavenly light.**

Leader: You are our creator, too,

**People: the One who formed us and who forms us still.**

Leader: May your word of truth ring out today with your call to new life!

Amen.

**Opening Prayer**

**\*Songs of Praise: “He Has Made Me Glad”**

*“A Place at the Table”*

**Scripture Lesson: James 1:17-27**

**\*Hymn of Preparation: “Great is Their Faithfulness”**

UMH 140

**Sermon**

**Worship God with Tithes and Offerings**

**Offertory Anthem**

**\*Doxology**

UMH 94

**Receiving Holy Communion**

*Call to Confession*

*Confession*

**Ever-faithful God, you create each of us to be a presence of healing and love  
in our world.**

**You equip us to resist intentions and actions that hurt ourselves and others.**

**Forgive us when we forget your desire for us.**

**Forgive us when we put aside your vision.**

**Remind us of the love and goodness that you have planted within us.**

**Draw our hearts close to you and bless us as we live in your ways. Amen.**

*Words of Assurance*

*The Great Thanksgiving*

UMH pg 15

**Silent Prayer & Pastoral Prayer**

**Passing the Peace of Christ**

**\*Closing Hymn: “I Sing the Almighty Power of God”**

UMH 152

**Benediction**

**Postlude**

*\*Please stand if you are able*

**Prayer Cards and hymnals are available at the back of fellowship hall.**

**Welcome to Poughkeepsie United Methodist Church. We are delighted to have you  
worship with us today!**

**We want to be your family of faith. We hope that you feel at home in our church family,  
and we encourage those interested in membership to speak with one of the ushers or  
contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org)**

## Opportunities for You This Week

## Announcements

### SUNDAY, September 1, 2024

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
11:30 Social Justice Video  
1:00 pm Spanish Service  
2:00 Parkside AA

### MONDAY, September 2, 2024

#### Labor Day – Office Closed

6:30 pm Gamblers Anonymous

### TUESDAY, September 3, 2024

1:00 pm Arts & Crafts Group  
5:30 PP Alcoholics Anonymous

### WEDNESDAY, September 4, 2023

7:30 am Morning Prayers  
7:00 pm Church Council

### THURSDAY, September 5, 2024

5:30 pm PP Alcoholics Anonymous  
7:00 Choir

### FRIDAY, July September 6, 2024

6:00 pm Spanish Service

### SATURDAY, September 7, 2024

8:30 am Gambler's Anonymous  
2:00 pm Love INC Fill the Truck

### SUNDAY, September 8, 2024

8:00 am Contemplative Prayer  
8:45 Coffee with Jesus  
10:00 Worship Service  
Sunday School  
11:15 Rally Day!  
11:30 Social Justice Video  
12:30 pm Spanish Service  
2:00 Parkside AA

**He Has Made Me Glad**  
CCLI Song # 1493  
Leona Von Brethorst  
© 1976 Universal Music - Brentwood Benson Publishing  
For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com  
CCLI License # 777703

**A Place at the Table**  
LYRICS: Shirley Erena Murray  
MUSIC: Lori True

**Great is Thy Faithfulness (UMH 140)**  
LYRICS: Thomas O Chisholm  
MUSIC: William M Runyan

**I Sing the Almighty Power of God (UMH 152)**  
LYRICS: Isaac Watts  
MUSIC: Traditional English Melody

*1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual 2024 (p. 28). Abingdon Press. Kindle Edition.*

Worship will move back to the sanctuary on September 8. If we experience unseasonably warm temperatures at any point during the next couple of months we will move into fellowship hall (and the air conditioning).

Choir will begin our usual Thursday evening rehearsals on September 5<sup>th</sup> @ 7pm. New members always welcome!

During coffee hour on Sunday, October 22 we will be having a casual celebration to honor out octogenarians and nonagerians in Fellowship Hall. If you are one of members of the congregation who are in your 80s or 90s please plan to attend and allow us to shower you with love! If you would like to help with this event please contact the office (845-452-2933).

Arlington Street Fair is on Saturday, September 21 from 12-6 on Raymond Ave. Our church will have a table to meet and greet people. Would you be able to join us for an hour or two? It's a fun way to meet others and talk about our great church or just hand out fliers and candy. Call or text Nancy Marrine @ 845-380-4887.

Friendship Circle will resume with the fall schedule on Monday, September 9 at 1pm. Our guest speaker will be CaraMia Bacciochi who is director of Hope on a Mission, a street ministry serving people in need in our community. She will share her story and her outreach mission on the streets of Poughkeepsie. We will also hear about the new location of the store on 44 Raymond Ave Ste. 2 that helps support all these missions. Refreshments will be served. All are welcome to attend and invite a friend/neighbor.

We have moved the Fellowship Discovery Luncheon to the 4<sup>th</sup> Tuesday of each month. The September FDL will take place on Tuesday, September 24<sup>th</sup> @ 12pm. More information coming soon.

Join us for a Discover Love INC event on Thursday, September 12 from 5:30-6:30. The office is located at 748 Freedom Plains Rd in Poughkeepsie. Come hear about the great things Love INC is doing in our community and about volunteer opportunities. RSVP at [communications@mhinc.org](mailto:communications@mhinc.org).

**Nancy's Wednesday Bible/book discussion group will resume on September 18 @ 1:00.**

We will be choosing a new curriculum.... a book or a video series. All are welcome to join. Contact Nancy Marrine with any questions.

**The next Ted Talk Zoom meeting is scheduled for 7pm, Monday, September 9<sup>th</sup>.** The Ted Talk is "How to Build a Global Pro-Democracy Movement"

### **Social Justice Team Video Series**

You are cordially invited to join a viewing of a video series designed to enlighten, and stimulate our thinking (each video is ≤ 5 minutes in length). Topics which touch on history, community, justice, and more, should be of interest to everyone. One video in the series will be featured each Sunday after worship service during the month of September. A synopsis of each video in the series is available on the Social Justice whiteboard.

**Please** join us in the Library/Lounge (Room 24) for a viewing of a video in the series this Sunday after worship service. Bring your drinks and snacks. If you are so inclined, feel free to have a discussion with members of the Social Justice Team or each other after the showing. Those engaged in conversations may adjourn to the Fellowship Hall, since the showing of the video will be repeated at appropriate intervals, to accommodate later attendees.

Sincerely, *Gwen Higgins* PUMC Social Justice Team Member



### **Rally Day will be on Sunday September 8!**

Let's kick off a great year of Sunday School together with a brunch and some fun activities!

We are so excited to start the new year of Sunday school next week. We will have 2 classrooms for Sunday school this year and we are looking for 2 additional parent volunteers. Contact Angela if you are interested.

**Pastor Kregg will begin a new book study on Tuesday, October 8 @ 10am.**



**PASTOR'S  
BOOK  
STUDY**

This study will run for 5 weeks and meet in the lounge. We will be reading and discussing **"Welcome to the Basement: An Upside Down Guide to Greatness" by Tim Ross.** Books are \$14.00 and are available from Karyn in the office. **Please let her know ASAP if you plan to purchase one.** The blurb from Amazon says:

*In Welcome to the Basement, podcaster and thought leader Tim Ross shows you how you can achieve true and lasting greatness. But his tools and tactics might surprise you. Ross has put them to the test in his own life, and he's come to believe that the only way up is down, the only way in is out, and that downward mobility is your only hope for upward utility.*

*For far too long we've been held captive by false promises of hype and hustle in a world that needs hope and healing. Previously published as Upset the World--and now fully revised and rewritten for today's unique challenges, circumstances, and opportunities--Welcome to the Basement is a rallying cry and a practical guide to God's radical last-shall-be-first, least-shall-be-greatest way of living.*

*Tim will help you:*

- *Discover that you are God's masterpiece and learn to receive His unstoppable love and grace.*
- *Gain step-by-step guidance for identifying the people, places, and pieces that you've been called to disrupt and shower with God's love.*
- *Experience for yourself the good that God has for you--because only people whose lives have been turned upside-down by God can become Kingdom basement dwellers.*

*The humblest acts of goodness have the greatest power. And the lowest floor of the building is where the real VIPs live. Will you step down and into the good things God is doing in the world?*



### Important Upcoming Dates:

Monday, September 2<sup>nd</sup> – Labor Day

Thursday, September 5<sup>th</sup> Choir Rehearsal begins again @ 7pm

Saturday, September 7<sup>th</sup> – Love INC Fill the Truck

Sunday, September 8<sup>th</sup> – Rally Day

Monday, September 9<sup>th</sup> – Friendship Circle @ 1pm

Wednesday, September 18<sup>th</sup> – Journey Deadline

Nancy's Bible Study resumes @ 1:30pm

Saturday, September 21<sup>st</sup> – Arlington Street Fair

Sunday, September 22<sup>nd</sup> – Celebration of Our Octogenarians & Nonagenarians

First Day of Fall

Tuesday, September 24<sup>th</sup> – Fellowship Discovery Luncheon @ 12pm

Sunday, September 29<sup>th</sup> – New Members Reception

Tuesday, October 8<sup>th</sup> – Pastor's Book Study Begins

# Fill The Truck!

## Love INC Donation Drive



**Saturday, September 7, 2024**  
**2-4 pm rain or shine**  
**at Poughkeepsie United Methodist Church Parking Lot**

2381 New Hackensack Road, Poughkeepsie, NY

Stop by and help us "Fill The Truck" by donating these much needed ministry class incentive items for Mid-Hudson Love INC

#### Paper Goods

- Paper Towels
- Toilet Paper

#### Household Items

- Liquid Laundry Detergent (48-64 oz)
- Liquid Dish Detergent (14-16 oz)
- Disinfectant Cleaner (32 oz)
- White Tall Kitchen Garbage bags (13 gallon, 20-30 pack)
- Pair of Rubber Cleaning Gloves (REUSABLE only, size Large)

#### Misc.

- Blue or Black Ball Point Pens
- Hard cover 1 inch 3-ring binder with clear insert-sleeve over the cover

#### Hygiene Items

- Body Lotion
- Body Wash
- Deodorant
- Band-Aids
- Q-Tips
- Lip Balm
- Alcohol-Free Mouthwash

#### Shopping Cards

- \$10 and \$20 Grocery Store Cards with activation slips (Stop N Shop & ShopRite)
- Re-usable Shopping Bags

#### Bed Pillows

- Standard-sized Bed Pillows, only new in original packaging

#### Grocery Items

- Can (12 oz) of chicken meat
- Can (10 oz) of Rotel diced tomatoes
- Can (15 oz) of corn kernels
- Boxed Mac & Cheese meal
- Jar (24 oz) pasta sauce
- Can (19 oz) Low Sodium Soup
- Can (5 oz) Tuna
- Box (12-18 oz) Cheerio-type breakfast cereal
- Granola/Breakfast snack bars
- Snack size (8 oz) bottled water
- Individually wrapped snack bags of popcorn, pretzels, nuts, fig bars, veggie sticks



Contact Mid-Hudson Love INC at 845-471-0102 with questions



## “Autumn Fest” is Coming

Saturday October 19<sup>th</sup> 10am-2pm  
Sunday October 20<sup>th</sup> (after service)

Yes, our wonderful Autumn Fair will be here before you know it. You will again be able to shop for handmade items, homemade goodies, and fancy jewels and enjoy a delicious take away lunch. There are also many opportunities to make things to be sold at the Autumn Fest.

Do you like to bake, whether it be fancy desserts or simpler bake sale fare?  
Please bake your **“homemade specialty”** for us and bring it to PUMC in a disposable container on  
Friday, October 18 (all day) or Saturday, October 19 (by 9am):

### “Bake Shoppe” Suggestions

Cookies(all kinds) Small Fruit Breads Candy/Fudge Coffee Cakes  
6” Pies - Pecan, Pumpkin or Apple (Contact us if you need 6” tins)  
Brownies in pan (we will cut & package) \*\*Please no cupcakes or muffins  
**Kathy Betz 845-527-1662**

### “Delicious Dessert Takeout” Suggestions

Cheese cake Layer cakes Apple Crisp Cream Puffs  
Pies - Pecan, Pumpkin, Apple or Lemon Meringue, Fancy Dessert Tarts  
**Joan Schmidt**

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### Create - a Beautiful “World Famous” Gift Basket

It’s time to use your artistry and creative talents to create a gift basket for us.  
Use your imagination!! Bring to PUMC **by October 13.** (Please do not include perishable items or outdated goods.)  
Please attach an attractive card listing all the basket items .  
**Need ideas .....call Sandy Pullinger 845-834-2299**

### Hand Made with Love

This is for all the crafters and artistic folks out there. If it’s handmade and you can bear to see it sold we would love to have it:  
Baby Quilts - Cell Phone Carriers - Kitchen Items - Cloth Shopping Bags – Bookmarks -  
Watercolor Paintings - Postcards - Snuggler Bags  
The list is endless.....

**Have a question? Call Anne Bierce 845-224-6270**

### Jewelry Gems

Do you have jewelry for us?  
Please place your donation in “Autumn Fest” box in the office **by 10/13!!**  
Earrings Necklaces Brooches Costume Pieces Rings Pins  
It's wonderful shopping!! An enjoyable boutique!!  
**Carla Vinson 845-849-1706**

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### For Lunch it's PUMC's \$10.00 “Gourmet Delight”

A Gourmet Lunch in a bag!!!  
Chicken Salad Croissant, Asian Broccoli Salad, and Dessert Bars,  
lovely napkin and utensils – yes, everything for a “delightful lunch”.  
Buy 2 and have a “luncheon or light supper” with a friend!  
(We have gluten-free options.)  
**Doris Stahl 845-462-1922**

