

LEADING WORSHIP: Our Pastor, Gregg Gabor

HELPING IN WORSHIP

Acolyte	Dexter Moreno
Liturgist	Heidi Mills
Head Usher	Will Cass
Ushers	Cheryl Cass, Linda McCluskey, Joseph Norman

OUR FAITHFULNESS LAST SUNDAY

Contemplative Prayer Service @ 8am	3	Worship @ 10:00 am	81
Sunday School – All Ages	10	YouTube & Zoom	60

REMEMBER IN OUR PRAYERS

Our members: Barbara Bates, Cheryl Cass, Will Cass, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordon, Emily Griess, Betsy Grover, Gwen Higgins, Tom Halloran, Sandra Hansen, Pat Hughes, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Doristeen Davis, Jordan Fidler, Bryan Foy, Lee, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Rob Post, Jean Slater, Wayne Surico, Jeff Theiss, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Clifford Zier. All the innocents affected by wars and conflicts around the world.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff sergeant in the Army, Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Poughkeepsie United Methodist Church
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**“THE WORDS THAT I HAVE
SPOKEN TO YOU ARE**



**spirit
and life.”**

J O H N 6 : 6 3

Poughkeepsie United Methodist Church Service
August 25, 2024

August 25, 2024

14th Sunday of Pentecost

Words of Welcome

Life of the Church

Prelude

Call to Worship

Leader: God is our sun and our shield.

People: God’s glory shines upon us.

Leader: God is our strength and our hope.

People: God’s faithfulness guides us.

Leader: God is our hope and our salvation.

People: God’s love and mercy welcome us.

Opening Prayer

***Songs of Praise:** *“Welcome”*
“Breathe”

Scripture Reading: John 6:56-69

Sermon for the Young and Young at Heart

***Hymn of Preparation:** *“Blessed Assurance”* UMH 369

Sermon

Worship God with Tithes and Offerings

Offertory Anthem: *“Make Me a Servant”* Jenn Harmer, solo

Doxology UMH 94

Silent Prayer & Pastoral Prayer

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

Passing the Peace of Christ

***Closing Hymn:** *“Standing on the Promises”* UMH 374

Benediction

Postlude

**Please stand if you are able*



Prayer Cards and hymnals are available at the back of fellowship hall.

Welcome to Poughkeepsie United Methodist Church. *We are delighted to have you worship with us today!*

We want to be your family of faith. *We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at office@pokumc.org*

To Those with Little Ones: Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service. There is also a changing table.

Opportunities for You This Week

Announcements

SUNDAY, August 25, 2024

8:00 am Soaking Prayer
8:45 Coffee with Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
1:00 pm Spanish Service
2:00 Parkside AA

MONDAY, August 26, 2024

6:30 pm Gamblers Anonymous

TUESDAY, August 27, 2024

1:00 pm Arts & Crafts Group
5:30 PP Alcoholics Anonymous

WEDNESDAY, August 28, 2023

7:30 am Morning Prayers
7:00 pm Trustees

THURSDAY, August 29, 2024

5:30 pm PP Alcoholics Anonymous
6:15 Praise Singers

FRIDAY, July August 30, 2024

8:30 am Collate Journey
6:00 pm Spanish Service

SATURDAY, August 31, 2024

8:30 am Gambler's Anonymous

SUNDAY, September 1, 2024

Communion

8:00 am Contemplative Prayer
8:45 Coffee with Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
12:30 pm Spanish Service
2:00 Parkside AA

Welcome

LYRICS: Laurie Zelman, Mark A Miller
MUSIC: Mark A Miller

Breathe

CCLI Song # 1874117
Marie Barnett
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CCLI License # 777703

Blessed Assurance (UMH 369)

LYRICS: Fanny J Crosby
MUSIC: Phoebe P Knapp

Standing on the Promises (UMH 374)

LYRICS: R Kelso Carter
MUSIC: R Kelso Carter

*1 Beu, B.J.; Scifres, Mary. The Abingdon Worship Annual
2024 (p. 28). Abingdon Press. Kindle Edition.*

Choir is currently on summer vacation, but we will begin our usual Thursday evening rehearsals on September 5th @ 7pm. **New members always welcome!**



Rally Day will be on Sunday September 8!

Let's kick off a great year of Sunday School together with a brunch and some fun activities!

Please look over the "Remember in Our Prayers" list on the back of the bulletin and contact the office with any names that are out of date.

Sunday School Supply Drive: We need to restock the Sunday School for the fall.

Can you help? Crayons, Markers, Dot Markers, Glue Sticks, Paint Brushes (all sizes), Water Color Paint, Sidewalk Chalk, Baby Wipes would all be useful. If you would rather donate money, please label any donations with "Sunday School Supplies"

Arlington Street Fair is on Saturday, September 21 from 12-6 on Raymond Ave. Our church will have a table to meet and greet people. Would you be able to join us for an hour or two? It's a fun way to meet others and talk about our great church or just hand out fliers and candy. Call or text Nancy Marrine @ 845-380-4887.

Thank You to all that helped with Love INC backpack distribution. We had a great event with our Love INC families where we enjoyed games, a Bible lesson, lunch and were able to help gift 13 backpacks to our Love INC neighbors. Thanks for your generosity.

Friendship Circle will resume with the fall schedule on Monday, September 9 at 1pm. Our guest speaker will be CaraMia Bacciochi who is director of Hope on a Mission, a street ministry serving people in need in our community. She will share her story and her outreach mission on the streets of Poughkeepsie. We will also hear about the new location of the store on 44 Raymond Ave Ste. 2 that helps support all these missions. Refreshments will be served. All are welcome to attend and invite a friend/neighbor.

INTEREST-BASED SMALL GROUPS

We all know how important our “church friends” are. Apart from the Word of God, we enjoy Sunday service so much because of the opportunity to see our “church friends,”...or better yet, our “church family!” Why not expand these relationships through "Interest-Based Small Group involvement?" Do you enjoy knitting? How about gathering to knit with fellow Christians and enjoy their company and the common love of Jesus? Hiking? Go on hikes with fellow Christians? Play Bridge with friends from church? Learn and play Pickleball? If you love music, go to local concerts with brothers and sisters in Christ. Gather with others to have fun pursuing an interest or hobby or passion, and share witness and testimony of your life of faith at the same time!

While Sunday morning worship service is our traditional concept of “church,” we feel that growing with Christ is best achieved in Small Groups. And what better way to deepen our relationship with Him, and each other, than in “Interest-Based Small Groups.” If you agree, start by sharing your interests, hobbies and pastimes in our short SURVEY. Once two or three (or more) people share a common interest, we (members of the Way Forward Committee) will facilitate the creation of a Small Group. The group itself will decide when, where and how often to meet.

Please join the fun, the camaraderie and discipleship of Interest-Based Small Groups. Start by visiting: www.pokumc.com/interest-based-small-group

Or use the QR code (point your phone camera at the QR code and touch the link in the orange box):



Important Upcoming Dates:

Monday, September 2nd – Labor Day

Thursday, September 5th Choir Rehearsal begins again @ 7pm

Sunday, September 8th – Rally Day

Monday, September 9th – Friendship Circle @ 1pm

Wednesday, September 18th – Journey Deadline

Nancy's Bible Study resumes @ 1:30pm

Saturday, September 21st – Arlington Street Fair

Sunday, September 22nd – Celebration of Our Octogenarians & Nonagenarians

Tuesday, September 24th – Fellowship Discovery Luncheon @ 12pm

Sunday, September 29th – New Members Reception

Tuesday, October 1st – Pastor's Book Study Begins

Things will be getting busy at PUMC. If your event is missing from the list, please contact the office ASAP so Karyn can add it to the calendar!

FRIENDSHIP CIRCLE AUTUMN FAIR IS COMING OCTOBER 19!

Yes, our wonderful Autumn Fair will be here before you know it. You will again be able to shop for handmade items, homemade goodies, and fancy jewels and enjoy a delicious take away lunch.

One of the most popular spots is our "famous" display of gift baskets. We have the most “creative basket makers” in town. While you are on vacation, be looking for ideas for something unique to put in a basket. Remember, we always need baskets for men and children. Baskets to hold your items can be provided if needed. We have a supply!! Sign-ups will begin right after Labor Day. We are looking forward to seeing your special creations!

Fill The Truck!

Love INC Donation Drive



Saturday, September 7, 2024

2-4 pm rain or shine

at Poughkeepsie United Methodist Church Parking Lot

2381 New Hackensack Road, Poughkeepsie, NY

Stop by and help us "Fill The Truck" by donating these much needed ministry class incentive items for Mid-Hudson Love INC

Paper Goods

- Paper Towels
- Toilet Paper

Household Items

- Liquid Laundry Detergent (48-64 oz)
- Liquid Dish Detergent (14-16 oz)
- Disinfectant Cleaner (32 oz)
- White Tall Kitchen Garbage bags (13 gallon, 20-30 pack)
- Pair of Rubber Cleaning Gloves (REUSABLE only, size Large)

Misc.

- Blue or Black Ball Point Pens
- Hard cover 1 inch 3-ring binder with clear insert-sleeve over the cover

Hygiene Items

- Body Lotion
- Body Wash
- Deodorant
- Band-Aids
- Q-Tips
- Lip Balm
- Alcohol-Free Mouthwash

Shopping Cards

- \$10 and \$20 Grocery Store Cards with activation slips (Stop N Shop & ShopRite)
- Re-usable Shopping Bags

Bed Pillows

- Standard-sized Bed Pillows, only new in original packaging

Grocery Items

- Can (12 oz) of chicken meat
- Can (10 oz) of Rotel diced tomatoes
- Can (15 oz) of corn kernels
- Boxed Mac & Cheese meal
- Jar (24 oz) pasta sauce
- Can (19 oz) Low Sodium Soup
- Can (5 oz) Tuna
- Box (12-18 oz) Cheerio-type breakfast cereal
- Granola/Breakfast snack bars
- Snack size (8 oz) bottled water
- Individually wrapped snack bags of popcorn, pretzels, nuts, fig bars, veggie sticks



Contact Mid-Hudson Love INC at 845-471-0102 with questions

**Pastor Kregg will begin a new book study on
Tuesday, October 1 @ 10am.**

This study will run for 6 weeks and meet in the lounge. We will be reading and discussing **"Welcome to the Basement: An Upside Down Guide to Greatness"** by **Tim Ross**. Books are \$14.00 and are available from Karyn in the office. **Please let her know ASAP if you plan to purchase one.** The blurb from Amazon says:

In Welcome to the Basement, podcaster and thought leader Tim Ross shows you how you can achieve true and lasting greatness. But his tools and tactics might surprise you. Ross has put them to the test in his own life, and he's come to believe that the only way up is down, the only way in is out, and that downward mobility is your only hope for upward utility.



**PASTOR'S
BOOK
STUDY**

For far too long we've been held captive by false promises of hype and hustle in a world that needs hope and healing. Previously published as Upset the World--and now fully revised and rewritten for today's unique challenges, circumstances, and opportunities--Welcome to the Basement is a rallying cry and a practical guide to God's radical last-shall-be-first, least-shall-be-greatest way of living.

Tim will help you:

- *Discover that you are God's masterpiece and learn to receive His unstoppable love and grace.*
- *Gain step-by-step guidance for identifying the people, places, and pieces that you've been called to disrupt and shower with God's love.*
- *Experience for yourself the good that God has for you--because only people whose lives have been turned upside-down by God can become Kingdom basement dwellers.*

The humblest acts of goodness have the greatest power. And the lowest floor of the building is where the real VIPs live. Will you step down and into the good things God is doing in the world?