



Poughkeepsie United Methodist Church Service
March 17, 2024

Words of Welcome & Life of the Church

Prelude

Call to Worship

Leader: Have mercy on your people, O God.

All: Wash us. Cleanse us. Make us more perfect in your love.

Leader: Open the skies and pour down your grace upon your people.

All: Open our hearts to hear your voice. Let the thunder of your presence awaken us!

Leader: Have mercy on your people, O God.

All: Restore within us the joy of your salvation. Draw us nearer to Jesus, our Christ!

Opening Prayer

***Song of Praise** (please stand): *"Change My Heart, O God"*

Chorus

Change my heart oh God
Make it ever true
Change my heart oh God
May I be like You

Verse

You are the potter
I am the clay
Mold me and make me
This is what I pray

Song of Praise: *"Lord, I Lift Your Name on High"*

Verse

Lord I lift Your name on high
Lord I love to sing Your praises
I'm so glad You're in my life
I'm so glad You came to save us

Chorus

You came from heaven to earth
To show the way
From the earth to the cross
My debt to pay
From the cross to the grave
From the grave to the sky
Lord I lift Your name on high

Jeremiah 1:31-34

Sermon for the Young and Young at Heart:

Hymn of Preparation (please stand): *"Take Up thy Cross"* (UMH 415)

1. "Take up thy cross," the Savior said,
"if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me."

2. Take up thy cross, let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart and nerve thine arm.

3. Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel;
thy Lord for thee the cross endured,
to save thy soul from death and hell.

4. Take up thy cross and follow Christ,
nor think till death to lay it down;
for only those who bear the cross
may hope to wear the glorious crown.

Sermon

Worship God with Tithes and Offering

Offertory Anthem: *“Lord, From the Depths I Call to You”*

Doxology (UMH 94)

Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Alleluiah, Alleluiah
Praise God the source of all our gifts;
Praise Jesus Christ whose power up-lifts!
Praise the Spirit, Holy Spirit!
Alleluiah, Alleluiah, Alleluiah

Silent Prayer and Pastoral Prayer

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

***Closing Hymn (please stand):** *“This is a Day of New Beginnings”* (UMH 383)

1 This is a day of new beginnings,
time to remember and move on,
time to believe what love is bringing,
laying to rest the pain that's gone.

2 For by the life and death of Jesus,
God's mighty Spirit, now as then,
can make for us a world of difference,
as faith and hope are born again.

3 Then let us, with the Spirit's daring,
step from the past and leave behind

our disappointment, guilt, and grieving,
seeking new paths, and sure to find.

4 Christ is alive, and goes before us
to show and share what love can do.
This is a day of new beginnings;
our God is making all things new.

5 In faith we'll gather round the table
to taste and share what love can do.
This is a day of new beginnings;
our God is making all things new.

Benediction

Postlude

**Please stand if you are able*

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**LEADING WORSHIP – Our Pastor, Kregg Gabor**

**HELPING IN WORSHIP**

|            |                    |
|------------|--------------------|
| Acolyte    | Sarah-Grace White  |
| Liturgist  | Gloria Soto        |
| Head Usher | Linda McCluskey    |
| Ushers     | Priscilla Wendover |

**Welcome to Poughkeepsie United Methodist Church.** We are delighted to have you worship with us today!

**We want to be your family of faith.** We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org).

**Important Upcoming Dates:**

Tuesday, March 19<sup>th</sup> - 1<sup>st</sup> Day of Spring  
Saturday, March 23<sup>rd</sup> – Easter Movie Night @ 6pm  
Sunday, March 24<sup>th</sup> - Palm Sunday  
Monday, March 25<sup>th</sup> – Worship Service @ 7pm  
Tuesday, March 26<sup>th</sup> - Worship Service @ 7pm  
Wednesday, March 27<sup>th</sup> - Worship Service @ 7pm  
Thursday, March 28<sup>th</sup> - Maundy Thursday Worship Service @ 7pm  
Friday, March 29<sup>th</sup> - Good Friday Service @ 7pm  
Sunday, March 31<sup>st</sup> - Easter Sunrise Service @ 6:30am  
Easter Worship Service @ 10am  
Saturday, April 6<sup>th</sup> – Begin Collection for Tag Sale  
Friday, April 19 – Spring Tag Sale @ 12pm – 6pm  
Saturday, April 20<sup>th</sup> – Spring Tag Sale @ 8am – 4pm

**REMEMBER IN OUR PRAYERS**

**Our members:** Steve Allen, Barbara Bates, Gladys Bierce, Janet Cole, Cheryl Cass, Will Cass, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordan, Emily Griess, Betsy Grover, Tom Halloran, Sandra Hansen, Gwen Higgins, Pat Hughes, Fred Jackson, Dick James, Donna Jonnigan, Danny Jones, Duane Lueng, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

**Friends of our church in your prayers:** Georgia Kustas-Beurket, Cris and John Burke, Jordan Fidler, Bryan Foy, Debra Greiner, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Jean Slater, Wayne Surico, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Raymond White, Clifford Zier. The people in Ukraine.

**Members of the military, active and/or retired, in your prayers:** Michael Clear, Staff Sergeant in the Army, stationed in Syria; Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

## Announcements

Today, March 17th, the PUMC Finance Committee invites people to make a “directed donation” to the Harriet Tubman Academic Skills Center. HTASC is one of this church’s community outreach program, which offers an after-school program to at-risk children in the City of Poughkeepsie. Learn more about the program by visiting its website at [www.htasc.org](http://www.htasc.org). Donations to HTASC can be put in the collection plate using a designated envelope in the bulletin. Checks should be made out to PUMC with HTASC in the Memo. Donations can also be made online at [www.pokumc.org/giving/](http://www.pokumc.org/giving/). *Whether it is a financial donation, large or small, or support in the form of prayers, the Board of Directors, staff and children of HTASC are grateful for the dedication and love we receive from Poughkeepsie United Methodist Church.*

**SAVE THE DATE!!!** We are planning another trip to Lancaster, PA to see Daniel at the Sight and Sound Theatre. The trip is planned for October 25 and 26. More to follow!

### **HVBB FUNDRAISING GALA- April 13<sup>th</sup> - Hosted at: Mariapolis Luminosa- Hyde Park, NY**

The Gala is our single largest and most important fundraiser. Please consider joining us for a fun night of stories, friends, food and of course... a competition culminating event. It is \$45/person, which includes: Appetizers, dinner, and dessert! Registration forms are due April 1st! Any questions, please contact Sarah Hicks ([shhhicks511@gmail.com](mailto:shhhicks511@gmail.com))!

**During the month of March the Sunday School** will be collecting toiletry items for Grace Smith House, a woman and children’s shelter in Poughkeepsie. They are especially in need of shampoo and conditioner (for all hair types), hair spray, gel, body wash, and toilet paper. Contact Angela for more information.

**Antique Study Club meets on Monday, March 18 at 1:00 in Fellowship Hall.** All are welcome to hear Carla Vinson talk about tapestry and needlepoint and stay and enjoy refreshments.

**Prayer List in the Bulletin** – Please take a moment and review the prayer list that is on the back cover of the bulletin. Contact the office if you see any names that shouldn’t be there or if there is any missing names.

**Soaking Prayer** – On the last Sunday of every month the Prayer Team offers Soaking Prayer in place of the Contemplative Prayer Service @ 8am.



### **Easter Movie Night**

Saturday March 23<sup>rd</sup> @ 4:30pm.

VeggieTales: An Easter Carol.

We will also have crafts, games,  
and snacks available.



### **Vacation Bible School**

Mon, July 8 – Wed, July 10 @ 5pm – 8pm

Dinner Included

Cost: 30\$ per family

There will also be an adult class  
led by Pastor Kregg.



# HOLY WEEK WORSHIP SCHEDULE

## Holy Week Services - 2024

These services arose out of a heartfelt need to deepen the experience of Holy Week by connecting with and relating to the human side of Christ's struggle as he journeyed to the cross. Too often, the average worshiper leaves Palm Sunday to return on Resurrection Sunday with only the barest of hints of the drama of the week before. Essentially, we go from celebration to celebration, not connecting and dwelling on the total emotional and painful price God paid us during Holy Week.

These services are more guided meditation encounters. The music is calm and reflective. The tone of the service is subdued. The leader is not the focus. We center on the Christ candle as it makes its way through the week to finally find its resting place on the altar on Good Friday. At the end of Good Friday's service, it is extinguished as the flame of life leaves our Savior dead in a tomb. I have found that I can only celebrate Easter by trying to feel Holy Week through the scriptures.

Every service will start at 7:00 PM. Monday through Wednesday, services will last about a half hour. Maundy Thursday and Good Friday will be a bit longer. There are very few elements of the traditional worship services of Sunday morning: we gather to sing, pray, read scripture, hear some context for the day, and walk with our Lord during His most painful days. It is that simple.

| SERVICES FOR HOLY WEEK            |                                                    |                                                                                                 |
|-----------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>PALM SUNDAY</b><br>March 24    | <b>10:00 AM</b>                                    | Mk 11:1-11<br>Ps 118:1-2, 19-29 (UMH 839)<br>Phil 2:5-11<br>Mk 14:1-15:47 or Mk 15:1-39 (40-47) |
| <b>HOLY MONDAY</b><br>March 25    | <b>7:00 PM</b>                                     | Exodus 1:1-22<br>Mark 11:12-19                                                                  |
| <b>HOLY TUESDAY</b><br>March 26   | <b>7:00 PM</b>                                     | Exodus 2:1-25<br>Mark 11:20-13:37                                                               |
| <b>HOLY WEDNESDAY</b><br>March 27 | <b>7:00 PM</b>                                     | Exodus 3:1-22<br>Mark 14:1-11                                                                   |
| <b>HOLY THURSDAY</b><br>March 28  | <b>Worship Service<br/>(Communion)<br/>7:00 PM</b> | Exodus 4:18-5:23<br>Mark 14:12-72                                                               |
| <b>GOOD FRIDAY</b><br>March 29    | <b>7:00 PM</b>                                     | Isa 52:13-53:12<br>Ps 22 (UMH 752)<br>Heb 10:16-25<br>Mark 15:1-47                              |
| <b>HOLY SATURDAY</b><br>March 30  | <b>No Services</b>                                 | Ex 14:10-31; 15:20-21<br>Rom 6:3-11<br>Mark 16:1-8                                              |
| <b>EASTER SUNDAY</b><br>March 31  | <b>Sunrise:<br/>6:30 AM<br/>10:00 AM</b>           | Acts 10:34-43<br>Ps 118:1-2, 14-24 (UMH 839)<br>1 Cor 15:1-11<br>Jn 20:1-18 or Mk 16:1-8        |



# POUGHKEEPSIE UNITED METHODIST CHURCH SPRING TAG SALE



Save the Date:

Friday April 19 - Noon to 6:00 pm

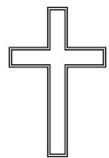
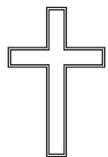
Saturday April 20 - 8:00 am to 4:00 pm

**Call for Donations** - Please drop off donations starting April 6, 2024 in Fellowship Hall

**Please do not donate the following:** - Electronics - Upholstered Furniture -  
Exercise Equipment - Baby Cribs - Stuffed Animals - VHS tapes

**Call for volunteers** - if you want to help with the sale, please contact the church office  
or reach out to Dale Borchert at [daleborchert@gmail.com](mailto:daleborchert@gmail.com)

**All Proceeds go towards PUMC Missions  
Projects**



## Call For Entries Love INC Showcase of Talent

Saturday, April 20  
7 - 9 pm

The Gathering at Faith Assembly  
25 Golf Club Lane, Poughkeepsie

An engaging evening of  
entertainment and  
inspiration paired with  
delectable desserts

Apply to perform by March 23  
or sign up to donate desserts  
via form at  
[www.mid-hudsonloveinc.org](http://www.mid-hudsonloveinc.org)



Questions? Contact Patricia Owen at 845-232-0307  
or [LoveINCShowcase@mhinc.org](mailto:LoveINCShowcase@mhinc.org)

All proceeds support the collaborative ministry work of local churches  
through Mid-Hudson Love In the Name of Christ



Building Relationships. Restoring Hope. Transforming Lives



# Opportunities for You This Week

## SUNDAY, March 17, 2024

8:00 am Contemplative Prayer  
8:45 Coffee w/ Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
Halo Bells  
Youth Group Open House  
2:00 pm Parkside AA  
6:00 Youth Group

## MONDAY, March 18, 2024

9:00 am Monday Study Group  
10:00 Exercise  
6:30 pm Gamblers Anonymous

## TUESDAY, March 19, 2024

### 1<sup>st</sup> Day of Spring

10:30 am Pastor's Bible Study  
12:00 pm Fellowship Discovery Luncheon  
1:00 Arts & Crafts Group  
5:30 PP Alcoholics Anonymous

## WEDNESDAY, March 20, 2023

7:30 am Morning Prayers  
1:00 pm Sandy's Bible Study  
1:30 Nancy's Bible Study  
4:30 pm Palm Cross Making

## THURSDAY, March 21, 2024

5:00 pm PP Alcoholics Anonymous  
7:00 Choir

## FRIDAY, March 22, 2024

8:30 am Collate Journey  
10:00 Exercise

## SATURDAY, March 23, 2024

### Homeless Shelter

8:30 am Gambler's Anonymous  
10:30 Love INC Class  
6:00 pm Easter Movie Night

## SUNDAY, March 24, 2024

### Palm Sunday

8:00 am Contemplative Prayer  
8:45 Coffee w/ Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
Youth Group Open House  
Halo Bells  
2:00 pm Parkside AA

### **Change My Heart O God**

CCLI Song # 1565  
Eddie Espinosa  
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### **Lord, I Lift your Name on High**

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Rick Founds  
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### **Take Up Thy Cross**

LYRICS: Charles W. Everest  
MUSIC: William Gardiner

### **This is a Day of New Beginnings**

LYRICS: Brian Wren  
MUSIC: Carlton Young