

T H I R D

# Sunday in Lent



**Poughkeepsie United Methodist Church Service**  
**March 3, 2024**  
**Communion**

## Words of Welcome & Life of the Church

### Prelude:

### Call to Worship:

Leader: Called by Christ,

**All: we gather as one.**

Leader: Blessed by God's wisdom,

**All: we gather to learn.**

Leader: Amazed by God's love,

**All: we gather to worship.**

### Opening Prayer

**\*Song of Praise** (please stand): *"Jesus Paid it All"*

#### Verse 1

And I hear the Savior say  
Thy strength indeed is small  
Child of weakness watch and pray  
Find in Me thine all in all

#### Chorus 1

'Cause Jesus paid it all  
All to Him I owe  
Sin had left a crimson stain  
He washed it white as snow

#### Interlude

(It's washed away)  
(All my sin and all my shame)

#### Verse 2

Lord now indeed I find  
Thy pow'r and Thine alone  
Can change the leper's spots  
And melt the heart of stone

#### Verse 3

And when before the throne  
I stand in Him complete  
Jesus died my soul to save  
My lips shall still repeat

#### Interlude

Sin had left a crimson stain  
He washed it white as snow  
He washed it white as snow  
He washed it white as snow

#### Chorus 2

Oh praise the One Who paid my debt  
And raised this life up from the dead  
(Jesus)

**Song of Praise:** *"You Are My All in All"*

#### Verse 1

You are my strength  
When I am weak  
You are the treasure  
That I seek  
You are my all in all  
Seeking You as a precious jew'l  
Lord to give up I'd be a fool  
You are my all in all

#### Chorus

Jesus Lamb of God  
Worthy is Your name  
Jesus Lamb of God  
Worthy is Your name

#### Verse 2

Taking my sin  
My cross my shame  
Rising again I bless Your name  
You are my all in all  
When I fall down You pick me up  
When I am dry You fill my cup  
You are my all in all

## Scripture Lesson: John 2:13-22

**Sermon for the Young and Young at Heart:** Dale Borchert

**Hymn of Preparation** (please stand): *“Bread of the World”* (UMH 624)

1. Bread of the world in mercy broken,  
wine of the soul in mercy shed,  
by whom the words of life were spoken,  
and in whose death our sins are dead:

2. Look on the heart by sorrow broken,  
look on the tears by sinners shed;  
and be thy feast to us the token  
that by thy grace our souls are fed.

## Sermon

### Worship God with Tithes and Offering

**Offertory Anthem:** *“Love and Serve the Lord!”*

### Doxology (UMH 94)

Praise God, from whom all blessings flow;  
Praise God, all creatures here below;  
Alleluiah, Alleluiah  
Praise God the source of all our gifts;  
Praise Jesus Christ whose power up-lifts!  
Praise the Spirit, Holy Spirit!  
Alleluiah, Alleluiah, Alleluiah

## Receiving Holy Communion

*Call to Confession:*

*Confession:*

**God of love and truth,  
we long to walk in your paths.  
We yearn to follow you  
in the ways that lead to life and wholeness.  
Yet it is hard to know if we are taking the right paths  
on our journey of faith.  
We worry that we will wander off,  
even when we don't mean to.  
May your love set us right, forgive our mistakes,  
and show us where we should go.  
Amen.**

*Words of Assurance*

*The Great Thanksgiving*

The Lord be with you.  
**And also with you.**  
Leader: Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, Always and everywhere to give thanks to you....

....And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**ALL: Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus Christ....

....And so, In remembrance of these your mighty acts in Jesus Christ, We offer ourselves in praise and thanksgiving As a holy and living sacrifice, In union with Christ's offering for us, As we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, And on these gifts of bread and wine....

....All honor and glory is yours, almighty Father,  
Now and forever.

**Amen.**

*The Lord's Prayer*

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.**

*Breaking the Bread*

*Giving the Bread and Cup*

**Eternal God, we give you thanks for this holy mystery  
In which you have given yourself to us.  
Grant that we may go into the world  
In the strength of your Spirit,  
To give ourselves for others,  
In the name of Jesus Christ our Lord,  
Amen.  
All: Amen.**

**Silent Prayer and Pastoral Prayer**

**\*Closing Hymn** (please stand): *“Lord I Want to Be A Christian”* (UMH 402)

1 Lord, I want to be a Christian in my heart,  
in my heart;  
Lord, I want to be a Christian in my heart.  
In my heart, in my heart,  
Lord, I want to be a Christian in my heart.

2 Lord, I want to be more loving in my heart,  
in my heart;  
Lord, I want to be more loving in my heart.  
In my heart, in my heart,  
Lord, I want to be more loving in my heart.

3 Lord, I want to be more holy in my heart,  
in my heart;  
Lord, I want to be more holy in my heart.  
In my heart, in my heart,  
Lord, I want to be more holy in my heart.

4 Lord, I want to be like Jesus in my heart,  
in my heart;  
Lord, I want to be like Jesus in my heart.  
In my heart, in my heart,  
Lord, I want to be like Jesus in my heart.

**Benediction**

**Postlude**

*\*Please stand if you are able*

~~~~~  
***The flowers on the altar are given by Carolyn & Bill Zmyndak to the glory of God  
and in memory of Howard & Janet Olsen and by Jacqueline Bell in honor of her birthday.***

***LEADING WORSHIP – Our Pastor, Kregg Gabor***

***HELPING IN WORSHIP***

Acolyte

Liturgist

Head Usher

Ushers

Ray Polivka

Will Cass

Cheryl Cass, Lynne Deverman, Linda McCluskey

***Welcome to Poughkeepsie United Methodist Church.*** We are delighted to have you worship with us today!

***We want to be your family of faith.*** We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at [office@pokumc.org](mailto:office@pokumc.org).

## **Important Upcoming Dates:**

Sunday, March 10<sup>th</sup> - Daylight Savings Time Ends

UMCOR Sunday

Tuesday, March 12<sup>th</sup> – Fellowship Discovery Luncheon @ 12pm

Wednesday, March 13<sup>th</sup> – Palm Cross Making @ 4:30pm

April Journey Deadline

Saturday, March 16<sup>th</sup> - St. Patrick's Day Dinner

Tuesday, March 19<sup>th</sup> - 1<sup>st</sup> Day of Spring

Saturday, March 23<sup>rd</sup> – Easter Movie Night @ 6pm

Sunday, March 24<sup>th</sup> - Palm Sunday

Monday, March 25<sup>th</sup> – Worship Service @ 7pm

Tuesday, March 26<sup>th</sup> - Worship Service @ 7pm

Wednesday, March 27<sup>th</sup> - Worship Service @ 7pm

Thursday, March 28<sup>th</sup> - Maundy Thursday Worship Service @ 7pm

Friday, March 29<sup>th</sup> - Good Friday Service @ 7pm

Sunday, March 31<sup>st</sup> - Easter Sunrise Service @ 6:30am

Easter Worship Service @ 10am

## **REMEMBER IN OUR PRAYERS**

**Our members:** Steve Allen, Barbara Bates, Gladys Bierce, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordan, Emily Griess, Betsy Grover, Tom Halloran, Sandra Hansen, Gwen Higgins, Pat Hughes, Fred Jackson, Dick James, Donna Jonnigan, Danny Jones, Duane Lueng, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

**Friends of our church in your prayers:** Georgia Kustas-Beurket, Cris and John Burke, Jordan Fidler, Bryan Foy, Debra Greiner, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Jean Slater, Wayne Surico, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Raymond White, Clifford Zier. The people in Ukraine.

**Members of the military, active and/or retired, in your prayers:** Michael Clear, Staff Sergeant in the Army, stationed in Syria; Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

## **Announcements**

**Vacation Bible School will take place on the evenings of July 8 – 10 (3 days).** Volunteers are needed! We are in need of several adult volunteers who would like be assistants during the activities (which means no pre-planning!). Contact Angela if you might be interested.

**SAVE THE DATE!!!** We are planning another trip to Lancaster, PA to see Daniel at the Sight and Sound Theatre. The trip is planned for October 25 and 26. More to follow!

**St. Patrick's Day Dinner - Saturday, March 26<sup>th</sup> @ 5-7pm** **Corned Beef! Ham! Potatoes, Cabbage, & Carrots! Irish Soda Bread! Dessert!** Please contact the church office if you would be interested in helping (shopping, cooking, serving cleaning).

**TAIZE PRAYER SERVICE** - MARCH 14, 2024 @ 7pm. ST. MARTIN DE PORRES CHURCH 118 CEDAR VALLEY ROAD POUGHKEEPSIE, NY- All are invited to this Lenten Prayer Service inspired by the Ecumenical Taizé Community in France. Simple and repetitive chants, Scripture, private and public intercessions and long periods of silent prayer, all together provide a meditative space for Christians of all denominations in our preparation for Easter. A time for refreshments and conversation will follow the prayer service. All are invited.

**Would you like to learn how to weave palms for the palm cross that has traditionally been on the altar for Palm Sunday?** Anne Bierce will be holding a class on Wednesday, March 13<sup>th</sup> @ 4:30pm. The cross will then be on the altar for Palm Sunday. Adults and children are invited.

**HVBB FUNDRAISING GALA- April 13<sup>th</sup> - Hosted at: Mariapolis Luminosa- Hyde Park, NY**

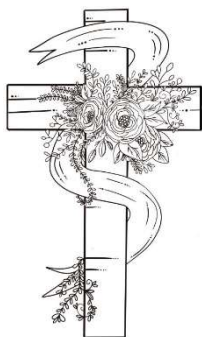
The Gala is our single largest and most important fundraiser. Please consider joining us for a fun night of stories, friends, food and of course... a competition culminating event. It is \$45/person, which includes: Appetizers, dinner, and dessert! Registration forms are due April 1st! Any questions, please contact Sarah Hicks ([shhhicks511@gmail.com](mailto:shhhicks511@gmail.com))!

**Easter Movie Night** - Saturday March 23<sup>rd</sup> @ 4:30pm. Join us at PUMC for an Easter Movie Night. We will be watching VeggieTales: An Easter Carol. We will also have craftes, games, and snacks available.

**During the month of March the Sunday School** will be collecting toiletry items for Grace Smith House, a woman and children's shelter in Poughkeepsie. They are especially in need of shampoo and conditioner (for all hair types), hair spray, gel, body wash, and toilet paper. Contact Angela for more information.



**Our March Fellowship Discovery Luncheon will be on Tuesday, March 12 @ 12PM.** Please let us know (**by Thursday, March 7**) if you plan to attend by scanning the QR code or as always you can contact the office.



*Easter Flower Ordering Form:  
Deadline to order Monday, March 11*

Given by \_\_\_\_\_

In Loving memory of \_\_\_\_\_

In honor of \_\_\_\_\_

Phone \_\_\_\_\_ Cost \$13.00 each

I will take my flowers after the 10:00 am Service on Easter Sunday YES NO

Return this form to the church office or call 452-2933 to order.



# HOLY WEEK WORSHIP SCHEDULE

## Holy Week Services - 2024

These services arose out of a heartfelt need to deepen the experience of Holy Week by connecting with and relating to the human side of Christ's struggle as he journeyed to the cross. Too often, the average worshiper

leaves Palm Sunday to return on Resurrection Sunday with only the barest of hints of the drama of the week before. Essentially, we go from celebration to celebration, not connecting and dwelling on the total emotional and painful price God paid us during Holy Week.

These services are more guided meditation encounters. The music is calm and reflective. The tone of the service is subdued. The leader is not the focus. We center on the Christ candle as it makes its way through the week to finally find its resting place on the altar on Good Friday. At the end of Good Friday's service, it is extinguished as the flame of life leaves our Savior dead in a tomb. I have found that I can only celebrate Easter by trying to feel Holy Week through the scriptures.

Every service will start at 7:00 PM. Monday through Wednesday, services will last about a half hour. Maundy Thursday and Good Friday will be a bit longer. There are very few elements of the traditional worship services of Sunday morning: we gather to sing, pray, read scripture, hear some context for the day, and walk with our Lord during His most painful days. It is that simple.

| SERVICES FOR HOLY WEEK            |                                                    |                                                                                                 |
|-----------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>PALM SUNDAY</b><br>March 24    | <b>10:00 AM</b>                                    | Mk 11:1-11<br>Ps 118:1-2, 19-29 (UMH 839)<br>Phil 2:5-11<br>Mk 14:1-15:47 or Mk 15:1-39 (40-47) |
| <b>HOLY MONDAY</b><br>March 25    | <b>7:00 PM</b>                                     | Exodus 1:1-22<br>Mark 11:12-19                                                                  |
| <b>HOLY TUESDAY</b><br>March 26   | <b>7:00 PM</b>                                     | Exodus 2:1-25<br>Mark 11:20-13:37                                                               |
| <b>HOLY WEDNESDAY</b><br>March 27 | <b>7:00 PM</b>                                     | Exodus 3:1-22<br>Mark 14:1-11                                                                   |
| <b>HOLY THURSDAY</b><br>March 28  | <b>Worship Service<br/>(Communion)<br/>7:00 PM</b> | Exodus 4:18-5:23<br>Mark 14:12-72                                                               |
| <b>GOOD FRIDAY</b><br>March 29    | <b>7:00 PM</b>                                     | Isa 52:13-53:12<br>Ps 22 (UMH 752)<br>Heb 10:16-25<br>Mark 15:1-47                              |
| <b>HOLY SATURDAY</b><br>March 30  | <b>No Services</b>                                 | Ex 14:10-31; 15:20-21<br>Rom 6:3-11<br>Mark 16:1-8                                              |
| <b>EASTER SUNDAY</b><br>March 31  | <b>Sunrise:<br/>6:30 AM<br/>10:00 AM</b>           | Acts 10:34-43<br>Ps 118:1-2, 14-24 (UMH 839)<br>1 Cor 15:1-11<br>Jn 20:1-18 or Mk 16:1-8        |



# Call For Entries

## Love INC Showcase of Talent

**Saturday, April 20**  
**7 - 9 pm**

**The Gathering at Faith Assembly**  
25 Golf Club Lane, Poughkeepsie



An engaging evening of  
entertainment and  
inspiration paired with  
delectable desserts

Apply to perform by **March 23**  
or sign up to donate desserts  
via form at  
[www.mid-hudsonloveinc.org](http://www.mid-hudsonloveinc.org)



Questions? Contact Patricia Owen at 845-232-0307  
or [LoveINCShowcase@mhinc.org](mailto:LoveINCShowcase@mhinc.org)

All proceeds support the collaborative ministry work of local churches  
through Mid-Hudson Love In the Name of Christ



**Mid-Hudson**

Building Relationships. Restoring Hope. Transforming Lives

# Opportunities for You This Week

## SUNDAY, March 3, 2024

### Communion

8:00 am Contemplative Prayer  
8:45 Coffee w/ Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
Halo Bells  
2:00 pm Parkside AA  
6:00 Youth Group

## MONDAY, March 4, 2024

9:00 am Monday Study Group  
10:00 Exercise  
6:30 pm Gamblers Anonymous

## TUESDAY, March 5, 2024

10:30 am Pastor's Bible Study  
1:00 pm Arts & Crafts Group  
5:30 PP Alcoholics Anonymous  
6:30 Current Events & WWJD

## WEDNESDAY, March 6, 2024

7:30 am Morning Prayers  
1:00 pm Sandy's Bible Study  
1:30 Nancy's Bible Study  
7:00 Church Council

## THURSDAY, March 7, 2024

5:00 pm PP Alcoholics Anonymous  
7:00 Choir

## FRIDAY, March 8, 2024

10:00 am Exercise

## SATURDAY, March 9, 2024

8:30 am Gambler's Anonymous  
10:30 Love INC Class

## SUNDAY, March 10, 2024

### UMCOR Sunday

### Daylight Savings Time Ends

8:00 am Contemplative Prayer  
8:45 Coffee w/ Jesus  
10:00 Worship Service  
Sunday School  
11:15 Fellowship  
Halo Bells  
2:00 pm Parkside AA  
6:00 Youth Group

### **Jesus Paid it All**

CCLI Song # 4689508

Alex Nifong | Elvina M. Hall | John Thomas Grape

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### **You Are My All in All**

CCLI Song # 825356

Dennis Jernigan

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### **Bread of The World**

Words: Reginal Herber

Music: John S.B. Hodges

### **Lord I Want to Be a Christian**

African American Spiritual