

*“The time is fulfilled,
and the kingdom of God
has come near;
repent, and believe
in the good news.”*

B

Mark 1:15 NRSV

**Poughkeepsie United Methodist Church Service
January 21, 2024**

Words of Welcome

Life of the Church

Prelude

Call to Worship:

Leader: We look ahead, and God beckons,

People: We glance over our shoulder, and God nods to us,

Leader: We turn to each side and find our constant companion,

People: We look up and feel the shadow of the Holy Comforter.

Leader: Even the earth we walk on is holy ground,

People: Step by step, on every journey, along each path, through each temptation, God is with us, always and forever.

Opening Prayer

*Song of Praise: "Cry of My Heart"

Chorus

It is the cry of my heart

To follow You

It is the cry of my heart

To be close to You

It is the cry of my heart

To follow

All of the days of my life

Verse 1

Teach me Your holy ways oh Lord

So I can walk in Your truth

Teach me Your holy ways oh Lord

And make me wholly devoted to You

Oh oh whoa

Verse 2

Open my eyes so I can see

The wonderful things that You do

Open my heart up more and more

And make it wholly devoted to You

Oh oh whoa

Ending

All of the days of my life (4X)

*Song of Praise (please stand): "I Have Decided to Follow Jesus"

1 I have decided to follow Jesus,

I have decided to follow Jesus,

I have decided to follow Jesus -

no turning back, no turning back.

2 The world behind me, the cross before me,

the world behind me, the cross before me,

the world behind me, the cross before me no

turning back, no turning back.

3 Though none go with me, still I will follow,

though none go with me, still I will follow,

though none go with me, still I will follow

no turning back, no turning back.

Scripture Lesson: Mark 1:14-20

Sermon for the Young and Young at Heart

Hymn of Preparation (please stand): *“O Jesus, I Have Promised”* (UMH 396)

1. O Jesus, I have promised
to serve thee to the end;
be thou forever near me,
my Master and my friend.
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.

2. O let me feel thee near me!
The world is ever near;
I see the sights that dazzle,
the tempting sounds I hear;
my foes are ever near me,
around me and within;
but Jesus, draw thou nearer,
and shield my soul from sin.

3. O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will.
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

4. O Jesus, thou hast promised
to all who follow thee
that where thou art in glory
there shall thy servant be.
And Jesus, I have promised
to serve thee to the end;
O give me grace to follow,
my Master and my Friend.

Sermon

Worship God with Tithes and Offering

Offertory Anthem: *“At the Name of Jesus Every Knee Shall Bow”*

Doxology (UMH 94)

Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Alleluiah, Alleluiah
Praise God the source of all our gifts;
Praise Jesus Christ whose power up-lifts!
Praise the Spirit, Holy Spirit!
Alleluiah, Alleluiah, Alleluiah

Pastoral Prayer

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory forever. Amen.

***Closing Hymn (please stand): "God of Grace, and God of Glory (UMH 577)**

1 God of grace and God of glory,
on the people pour thy power;
crown thine ancient church's story,
bring her bud to glorious flower.
Grant us wisdom, grant us courage,
for the facing of this hour,
for the facing of this hour.

2 Lo! the hosts of evil round us
scorn thy Christ, assail his ways!
Fears and doubts too long have bound us;
free our hearts to work and praise.
Grant us wisdom, grant us courage,
for the living of these days,
for the living of these days.

3 Cure thy children's warring madness,
bend our pride to thy control;
shame our wanton, selfish gladness,
rich in things and poor in soul.
Grant us wisdom, grant us courage,
lest we miss thy kingdom's goal,
lest we miss thy kingdom's goal.

4 Save us from weak resignation
to the evils we deplore;
let the search for thy salvation
be our glory evermore.
Grant us wisdom, grant us courage,
serving thee whom we adore,
serving thee whom we adore.

Benediction

Postlude

**Please stand if you are able*



***The Flowers on the altar are given by Priscilla Wendover to the Glory of God and in loving memory of her Dad,
Howard Bird.***

LEADING WORSHIP – Our Pastor, Kregg Gabor

HELPING IN WORSHIP

Acolyte	Sarah-Grace White
Liturgist	Gloria Pickett
Head Usher	Joseph Norman
Ushers	Priscilla Wendover

Welcome to Poughkeepsie United Methodist Church. We are delighted to have you worship with us today!

We want to be your family of faith. We hope that you feel at home in our church family, and we encourage those interested in membership to speak with one of the ushers or contact us at 845-452-2933 or by email at office@pokumc.org.

REMEMBER IN OUR PRAYERS

Our members: Steve Allen, Barbara Bates, Gladys Bierce, Janet Cole, Ron Cole, Dylan Coughlin, Sandra DeGuzman, Irene Feller, Veronica Gordan, Emily Griess, Betsy Grover, Tom Halloran, Doris Hammell, Jodi Hammell, Sandra Hansen, Gwen Higgins, Pat Hughes, Fred Jackson, Dick James, Donna Jonnigan, Danny Jones, Betty Longobardi, Julia Miller, Kathleen Nicodemus, Michelle Olavarria, Ray Polivka, Karla Quinlan, Arnette Schmidt, Diana Silverman, Michelle Simonis, Jeff Tryon, Catherine White, Sarah-Grace White, Marilyn Zier.

Friends of our church in your prayers: Georgia Kustas-Beurket, Cris and John Burke, Jordan Fidler, Bryan Foy, Debra Greiner, Edgar Martinez, Adonis Marzan, Hilary McAllister, Joe Pollen, Jean Slater, Wayne Surico, Robert Thompson-Gee, Ronald Tomaso, Jackie Triguero, Raymond White, Clifford Zier. Also all those impacted by the Coronavirus. The people in Ukraine.

Members of the military, active and/or retired, in your prayers: Michael Clear, Staff Sergeant in the Army, stationed in Syria; Joshua Lord, 1-69 Infantry Medical Platoon Sergeant, NYC; Randal Middleton, Naples, Italy Naval Base, Major Jason Oliver, Texas.

Announcements

To Those with Little Ones: Room 36 (upstairs in the education wing) is available as a toddler room with toys and a TV that is tuned into the worship service. There is also a changing table.

Giving Envelopes: Personalized giving envelopes are available in the Narthex. If you would like personalized giving envelopes please add your name to the list in the Narthex or contact the church office (845-452-2933 or office@pokumc.org)

Paper 2023 Giving Statements will be available on January 28. However, if you would like a PDF sent to you please contact the church office.

Altar Flower Sign Up Sheet: There are lots of openings!!!! There is a 2024 Altar Flower Sign-up Sheet in the Narthex, or you can contact the church office to order altar flowers.

16th ANNUAL COOKIE WALK: Saturday, February 10, 9:00 AM-2:00 PM - PUMC will again host the Cookie Walk to benefit the ministry work of local churches through Love INC. Love INC supports those less fortunate through its various ministries (personal care items, beds, pillows, linens, household goods and furniture) and its many classes. Please sign up to bake cookies in support of this event. Sign-up sheets are in Fellowship Hall and the Narthex. You may send an email to CookieWalk2024@gmail.com to sign up as a baker. Please let us know your Name, phone number and/or email, number of dozen cookies you intend to bake, and type of cookie(s) if you know it.

There are openings on the Board of Directors of the Harriet Tubman Academic Skills Center. This is a wonderful community outreach mission that REALLY makes a difference. It is a "advisory board" (as opposed to a "participatory board"). The only commitment is attendance at the Board meetings, which are generally the 3rd Thursday, every-other month (for only 6-8 meetings a year). Please contact Barb Adams if you'd like to serve on the HTASC Board of Directors, or would like to know more about it: 845-505-1302, bcadams317@gmail.com.



Our February Fellowship Discovery Luncheon will be on Tuesday, February 13 @ 12PM. Please let us know (by Thursday, February 8) if you plan to attend by scanning the QR code or as always you can contact the office.

Save the Date! Vacation Bible School will take place on the evenings of July 8 – 10 (3 days) More information coming soon. Volunteers are needed! Contact Angela if you might be interested.

Important Upcoming Dates:

- Saturday, February 10th – Cookie Walk
- Monday, February 12th - Friendship Circle
- Tuesday, February 13th - Shrove Pancake Supper @ 5pm
- Wednesday, February 14th - Ash Wednesday Services @ 12pm & 6pm
March Journey Deadline
- Friday, February 23rd - Movies with Meaning @ 6pm
- Sunday, March 24th - Palm Sunday
- Thursday, March 28th - Maundy Thursday
- Friday, March 29th - Good Friday
- Sunday, March 31st - Easter

Pastor's Bible Study!

**On Tuesday, January 16 @ 10:30 - 11:30 (new time) Pastor Kregg began a new Bible study
Discovering the Bible: A simple introduction to the Bible, what it is, and how to use it.**

“This is intended to be a basic introduction that can be used effectively with those who have little or no background in the Bible, and a stimulating refresher for those who have loved the Bible for years but perhaps never had opportunity to look into where the Bible came from and how it came down to us.”

Place: *The Poughkeepsie United Methodist Church lounge.*

Tuesdays - 01/16, 01/23, 01/30, 02/06 Time: 10:30-11:30am Cost:\$0.00

When Discovering the Bible is over we will move right on to.....

BASIC: WHO IS GOD

BASIC: WE ARE CHURCH

“Trends come and go in our culture and the church seems to follow. BASIC is a seven-part series of short films that challenges us to reclaim the church as Scripture describes it to be. This series speaks to those who have questions about the church and to those who may have lost interest in the church. ”

Days: Tuesdays - 02/13, 02/20, 02/27, 03/05, 03/12, 03/19, 03/26

Same Place, Time & Cost



SHROVE TUESDAY

PANCAKE SUPPER

JOIN US FOR DELICIOUS FOOD
AND FELLOWSHIP

FEBRUARY 13TH
5-7:30PM

\$8

SUGGESTED
DONATION

POUGHKEEPSIE UNTIED
METHODIST CHURCH

2381 NEW HACKENSACK RD,
POUGHKEEPSIE, NY 12603

ALL PROCEEDS WILL GO TO
PUMC MISSIONS PROGRAM!

Opportunities for You This Week

SUNDAY, January 21, 2024

8:00 am Contemplative Prayer
8:45 Coffee w/ Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
2:00 pm Parkside AA
6:00 Youth Group

MONDAY, January 22, 2024

9:00 am Monday Study Group
10:00 Exercise
6:30 Gamblers Anonymous

TUESDAY, January 23, 2024

10:30 am Pastor's Bible Study
1:00 pm Arts & Crafts Group
5:30 PP Alcoholics Anonymous

WEDNESDAY, January 24, 2024

7:30 am Morning Prayers
7:00 pm Trustees

THURSDAY, January 25, 2024

5:00 pm PP Alcoholics Anonymous
7:00 Choir

FRIDAY, January 26, 2024

8:00 am Collate Journey
10:00 am Exercise

SATURDAY, January 27, 2024

Homeless Shelter

8:30 am Gambler's Anonymous

SUNDAY, January 28, 2024

8:00 am Contemplative Prayer
8:45 Coffee with Jesus
10:00 Worship Service
Sunday School
11:15 Fellowship
12:00 pm Worship Committee
2:00 Parkside AA
6:00 Youth Group

Cry of My Heart

CCLI Song # 844980

Terry Butler

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I Have Decided to Follow Jesus

Anonymous

O Jesus, I Have Promised

WORDS: John E. Bode

MUSIC: Arthur H. Mann

God of Grace, and God of Glory

WORDS: Harry Emerson Fosdick

MUSIC: John Hughes